



Pastor Bruce Kuenzel

February 21, 2022

Worship

- In-person worship-9:00 am Sundaysmasks required
- Online worship continues, and will be posted on the church website and Facebook page



Church Council 2022

Mike Boyack Tim Current Steven Dickey Carmen Hanson Jennifer Hinker Jon Holzer Derek Horeis Lisa Spencer Natasha Werner Pastor Bruce Kuenzel

The Marks of Discipleship

- ₱ Pray daily
- → Worship weekly
- → Read the Bible
- Serve at or beyond **Light of Christ**
- P Relate to others for spiritual growth
- and resources

Contact us!

Light of Christ Lutheran 3976 County Line Road SE Delano, MN 55328 (763) 972-2400







LightOfChristLutheran.com Terri.Reuter@locdelano.com

Online Youth Fundraiser – Charcuterie Style!

Join us on Sunday, March 13th for a repeat of the awesome event that we did last year... our online Charcuterie Youth Fundraiser! Our team will prep the charcuterie supplies at church (including meats, cheeses, fruit, olives, chocolate and drinks) and then deliver it to your house the day of the event. We will gather on Zoom at 7:30 pm for a short program put on by the youth (this year they'll come to you live from church) while you enjoy your food and drinks! It was so fun last year to see all of the fun charcuterie arrangements (see photos below)! Then after the youth "program" and slide show, Marcus Hanson will grace us again with his gift of music and wine or beer tasting (optional). All money raised will benefit our youth attending our summer trips. We hope you'll join us for this great night of food and fellowship (CLICK HERE TO REGISTER)!





Use the QR code above to access the online auction. You can also access the auction at this link:

https:// www.32auctions.co m/locyouth

This year we're adding an online silent auction to our Youth Fundraiser event! If you're able to donate an item for our auction, we'd truly appreciate it! Maybe you know a local business owner or own your own small business? Or maybe you have an item at home that would be perfect to donate! Or if you're willing to support a local business by purchasing a gift card, maybe they'll match it with a second one! If you're able to donate, please email Kirsten or complete the donation form at this link (see the letter for more info) and return it to church by Monday, March 7th. Online bidding will open at 10 am on Sunday, March 13th and be open for one week (closing on Saturday, March 19th @ 7pm, to allow people to pick up their items on Sunday, March 20th). Check your email for the link and more auction info! Thanks for your support!

Food Distribution Volunteer Opportunities

Interested in helping folks in and around our Delano community by distributing fresh food from Second



Harvest food bank and other food sources? Two ways to serve: helping to pack the boxes over at Our Father's Lutheran in Rockford in the morning; or by helping to distribute the boxes here at church later in the afternoon. The next scheduled distribution and need for volunteers is for **Monday, March 14:**

- 11:30 am at Our Father's for packing boxes (register at link below): (https://www.signupgenius.com/go/30E0848A9A72AAAF85-food)
- 3:30 pm here at LOC for distribution of the boxes (register at link below): (https://www.signupgenius.com/go/30E0848A9A72AAAF85-food1)
- ⇒ Special need for anyone who can pick up the trailer at Delano Rental and be the transportation point person.

We also invite prayer requests from those we serve. Let <u>Tim Johnson</u> (email or call 952-472-1755) know if you would like to join a group to pray for special needs.

Call on the Light of Christ Prayer Chain

If you or someone you know is in need of prayer, please feel free to engage the Light of Christ Prayer Chain. **Email the church office**, which is preferred, or call 763-972-2400 with your request,

which remains confidential. The LOC Prayer Chain will pray for you as requested. Feel free to call on this team in your time of need. Anyone wishing to join the Prayer Chain should contact the church office.



Caring Corner

(by Sue Fink with the Healing and Wholeness Committee)



The past two years have been significant not only because of Covid and how it has changed our lives, but it brought to the surface how so many people struggle with mental illness and has reduced the stigma associated with it. How amazing that our Healing and Wholeness Ministry was launched in God's perfect timing. We have shared many articles, events and resources with our Light of Christ family which has resulted in members being more open and honest about struggles we all face, whether physical, spiritual or mental health challenges.

Our "31 Days 2 Pray 4 Families" ministry in January brought many positive comments as to how people's minds and hearts were opened to the complicated issues faced by individuals and families meeting daily, unpredictable challenges living with mental illness. It certainly increased our understanding and compassion and the need to keep praying.

Next week I will share the various treatments for mental illness but today I just want to review what mental illness is. (From A Mental Health Overview published by MyQuietCave.org) "A mental illness or disorder is a condition that affects a person's thoughts, emotions and behavior. Mental disorders negatively impact a person's daily life including work, school and relationships."

"Mental disorders can be tricky to diagnose and we do not always understand what causes them. But once correctly diagnosed, a person with a mental disorder can learn to manage his or her symptoms with therapy, medication, or a combination of both." It's similar to managing a physical disorder like diabetes or heart disease. The challenge is recognizing that something is wrong and accepting that you can't fix it on your own. There are many variations and severities of mental illness from mild symptoms that can wear you down and may gradually worsen, or a sudden onset of severe symptoms that require crisis management.

One of the most important lessons I learned while taking a Family-to-Family course with NAMI many years ago is, **You're Not Alone** and **It's Not Your Fault**.

So, how do you know if it may be mental illness? Follow this link from NAMI San Antonio to see the common signs of mental illness in adults and adolescents:

https://www.nami-sat.org/warning-signs-symptoms

STAYING CONNECTED

Adult Education in February

The Holy Spirit—Then and Now - The Holy Spirit is probably the least understood person of the Holy Trinity. Yet the Holy Spirit is a vital, vibrant presence in our lives. So, how do we learn to be more aware, more awake, and more in tune to the presence of the Spirit within us and around us and between us? One way is to study the Book of Acts. The full title of Acts is The Acts of the Apostles, but it could also be titled The Acts of the Holy Spirit. In Acts, we see the Holy Spirit at work transforming lives, communities, and situations.

Pastor Bruce will be leading a four-week series on the Book of Acts. We will meet Sundays in February at

10:15 AM in room 108. We will be using the Bible Project videos for the basis for our learning and discussion. No need to register. Just come with your Bible and a mind and heart that is open to the transforming



Women's

Attention Women!

Bible Study Would you be interested in joining a monthly women's bible study? We would like to start a women's bible study at Light of

Christ that would be held weekday evenings or on the weekend. Times we are considering for the bible study to take place are:

- Tuesdays 6:30 or 7:00
- Thursdays 6:30 or 7:00
- Friday 6:30 or 7:00
- Saturdays 10:00 or 2:00

If you are interested in participating, please respond to Lindsay Lindall at lindsay.lindall@gmail.com with a time/s from above that you would be able to attend. If none of the above options work, please let us know what other options could work. Thank you!

"Praise the Lord, my soul; all my inmost being, praise his holy name." Psalm 103:1

There's something deep within us that is made for God. The Bible calls it our "inmost being."



Worship and praise is a part of what we're each made for. Please join us on Sundays, here at church or online streaming via our Facebook page. Your soul needs it!

Stay Informed!

The current Church Council meeting minutes can be found on the church website.



Dear Light of Christ Church.

On behalf of Delano Elementary, we would like to thank you for your generous donation to our school. We are so grateful for your generosity and partnership.

Mrs. Schultz

Dear Light of Christ Lutheran Church,

How wonderful to receive your recent generous donation of \$12,125.00 to support the launch of the first-ever Lutheran university in Nigeria! On behalf of the Minneapolis Area Synod and our companion synod, the Lutheran Church of Christ in Nigeria, I extend my sincere gratitude to you for this amount in support of our efforts to raise the money needed for governmental approval to begin building the university. It's clear that you share Archbishop Musa Filibus' passion and vision for this new university!

We are grateful for the partnership we have with you and so many others who will work together to make possible church-related, educational opportunities for many students in northeastern Nigeria where currently none exist. In this area so severely impacted from violence and civil unrest, we are grateful for your crucial support and belief that together we can build hope.

Gratefully, Bishop Ann Svennungsen

CHILDREN, YOUTH & FAMILY NEWS

Community Service Project

On Sunday, February 13th, 32 Sunday School students (3-years-old through 4th grade) assembled 75 hygiene kits. On Wednesday, February 16th, 15 students from Club 5/6 worked hard to wrap up our community service project by putting together an additional 45 hygiene kits. These amazing Light of Christ young people put together a total of 120 kits to be donated to the homeless shelter. Well done! Thank you again to all the volunteers who helped out, and especially to all who donated all the supplies! A special thank you to Susie Larison for coordinating this event.







Summer Bible Camp

WAPO Bible Camp registration is now open to all people. While we no longer have reserved spots at camp, people can register and attend any of the camps as long as Camp Wapo still has openings.

- We have designated the WAPO Youth weeks of June 26-July 1 and July 31-August 5 as Light of Christ camp weeks.
- We have also designated June 24-26 as Light of Christ camp for WAPO Seeds (those who have completed grades 1-3).

Please note: while we have designated Light of Christ times, youth are welcome and able to register for any of the weeks. Light of Christ will pay \$100 towards the cost of registration for Wapo Youth and \$50 towards the cost of Wapo Seeds. You can register at http://lwlbci.com/lightofchrist



High School Ministries

• **Donuts & Discussion** – We have started a new Bible study for HS youth called Donuts & Discussion (D&D). We will meet once/month on Sunday mornings, typically the first Sunday of the month, at 10:10 am in the newly remodeled space (The Living Room). We had originally planned to join the Sunday Morning Adult Bible Study group but changed this and now will be meeting just as a HS group. These mornings will be a chance to hang out, talk about our highs and lows (faith and life) and have donuts. We hope you can join us for this great opportunity!



- ⇒ Sunday, March 6th, 10:10 am
- **HS Fellowship** Each week our 9th-12th grade youth will meet as a group on Wednesday nights from 7:30-8:45 pm (but come when you are able) in the new Living Room space to share time with friends, have food, fellowship and fun! Bring a friend and enjoy some time in a safe space where all are welcome!

Online Store—Support Our Youth

We invite you to visit our Equal Exchange (fair trade) table in the Narthex or click <u>HERE</u> for our online store for some great gift options! Items for sale include:

- Chocolate
- Coffee
- Tea
- Cashews
- LOC coffee mugs
- LOC masks

All sales support our summer youth trips as well as small farmers around the world! These items make great gifts for teachers or friends. Our Light of Christ kids shirts are also available for \$10 each and would make a great gift for your kids, if they don't already have one! Items can also be delivered for free around the Delano area and you can include a note and even gift wrapping. Thanks for your support of our LOC Youth!



