





Pastor Bruce Kuenzel

November 9, 2020

Worship

Indoor Worship at 9:30 am (must sign up-watch for email)

Worship services will be recorded and posted on the church website. Online worship will continue until the restrictions for large group gatherings are lifted.



Church Council 2020

Kvlee Amdor Wes Aylsworth Carmen Hanson Jennifer Hinker Jon Holzer Elizabeth Kohlhof Dan Langner Tom Sebelien Stacy VanCura Pastor Bruce Kuenzel

The Marks of Discipleship

- Pray daily
- ⊕ Worship weekly
- → Read the Bible
- P Serve at or beyond **Light of Christ**
- P Relate to others for spiritual growth
- **⊕** Give of my time, talents and resources

Contact us!

Light of Christ Lutheran 3976 County Line Road SE Delano, MN 55328 (763) 972-2400









Staying Vibrant!

Thank you for your ongoing partnership in the ministry we share here at Light of Christ! It would be an understatement to say that it's challenging to have a sense of connection through these past many months. And, as we look on into 2021, we anticipate that we will continue to be challenged. But one important point of connection is in our giving. That one decision, that one choice of what to do with what you have, is an act of faith. And it's central to Light of Christ continuing to be a beacon of hope and blessing now, but it also is foundational to our future, as well.

Click here for video link

We hope this week's video helps you feel encouraged. And we pray that you and your household will consider clicking on the next link below which will give you the opportunity for making a pledge or commitment for your giving for the ministry we all share this next year.

Click here for pledge form

Thank you, and God bless you for your love and generosity!



Free **Fresh Produce and Dairy**

Sponsored by NourishingHOPE Food Drop and Second Harvest Heartland

Boxes of fresh produce and dairy products will be available for drive through pick up on a first come, first served basis All are welcome

Tuesday, November 10 3pm -until gone

Locations for pick up

Corcoran

St. Thomas Catholic Church parking lot

Delano

Light of Christ Lutheran Church parking lot

St. Michael

Colonial Mall

Montrose

Montrose United Methodist Church parking lot

Rockford

Our Father's Lutheran Church parking lot

Buffalo

Buffalo Covenant Church parking lot

Appropriate distancing and covid mitigation practices will be employed

OUTREACH

Helping Delano Families

This year has been challenging for everyone in different ways, but it has been particularly difficult for those who are struggling financially. Although the Christmas season is a joyous time for many, we must remember that it can actually bring about added stress for parents who desperately want to partake in the tradition of gift-giving, but do not have the financial means to do so. After careful consideration, our Children & Family Ministry has decided to turn our focus towards local families in need. We will be teaming up with a foundation called Friends for a Cause, which was started by Jill VanBeusekom, a Delano resident and social worker for Wright County. The foundation's mission statement is "to celebrate that giving is greater than receiving through the connections of community and friendship." This foundation is in partnership with the Delano Area Schools' counselors. Friends for a Cause will help over 50 Delano families and also 113 foster care kids in Wright county. Our CFM team has decided to "adopt" 10 local families. A sign up will be going out in the next week or so and gifts will be due December 10th. Please keep this great service project in mind when you are thinking about ways you can give back this holiday season. Let's help spread some Christmas cheer for some of our local families in need!

Produce Distribution Volunteers Needed

Light of Christ continues to distribute fresh produce to area residents in partnership with Our Father's Lutheran Church in Rockford through their NourishingHOPE ministry. This ministry is possible only with the help



of dedicated volunteers giving of their time to assist in the overall goal of creating community connections by seeking to ease food insecurity. Upcoming distributions are scheduled for tomorrow, November 10th and Tuesday, December 8th and we have a great need to expand our list of Light of Christ volunteers available to help with this project.

The distribution of produce takes place in the Light of Christ parking lot at 3:00 PM on the designated dates. All volunteers should arrive at the church by 2:45 PM and are required to wear masks and bring gloves.

Please email Jinnelle Weis at Locvolunteer@frontier.com or call my cell phone, 952-250-5527 if you can help and/or if you would like additional information. Thank you for your assistance in this extremely important effort to support our Light of Christ neighbors and extended community!



Caring Corner

(by Sue Fink with LOC Healing and Wholeness Ministry)

If you are concerned about a loved one with mental illness, you are struggling too. Please

join our spiritual support group Monday, November 9th at 7pm in the church library (and the 2nd and 4th Monday each month).

Everyone knows what it feels like to be anxious. This past year and the election week demonstrated that!

"Anxiety is a normal cognitive and physiological response that God designed to call our attentions to the seriousness of an event or situation, and motivate us to actions. With an anxiety disorder, however, the anxiety is not mild and brief, but severe and chronic. Panic attacks, a consuming wave of fear and dread, are a common characteristic of the anxiety disorders."

"Anxiety disorders are the most common mental illness in the US, affecting approximately 40 million adults, and often first surface in childhood or early adulthood. Like all mental illnesses, anxiety disorders result from a complex interaction of psychosocial, biological and developmental factors."

King David in the Old Testament suffered from major depressive disorder and anxiety (which often accompanies depression). In Psalm 55:4-6, David describes symptoms of anxiety and a panic attack, a feeling of overwhelming dread with trembling, racing heart, and heart pain. Throughout the Psalms David vents his feelings and cries out to the Lord for help. In Biblical times there were no treatments for anxiety, but today there are effective medications and CBT (cognitive behavior therapy). Thus, it is so important to seek professional help when your anxiety is such that it affects your ability to enjoy life.

The above are excerpts and information are from "Grace for the Afflicted- A Clinical and Biblical Perspective on Mental Illness" by Matthew S. Standford. This book is in our church library along with many others on a small cart designated as Mental Health resources, available for check-out.

*Give your burdens to the Lord and he will take care of you. He will not permit the godly to slip and fall. Psalm 55:22.

*But I will call upon God and the Lord will rescue me. Morning, noon and night I plead aloud in my distress and the Lord hears my voice. He rescues me and keeps me safe from the battle waged against me. Psalm 55:16-18.

Food Shelf Volunteer Opportunities

Light of Christ will provide volunteers for the Delano Food Shelf for the months of December, March and June. The hours are 1:45-4:00 pm each Thursday of those months, as well as 4:00-6:00 pm the last Thursday of the month if there are customers. The exception this year is Wednesday, December 23rd which will be the last December date because of Christmas Eve and New Year's Eve falling on Thursdays. Volunteer numbers will be minimized to allow social distancing and masks will be worn. To keep volunteers and customers safe during this Covid time, customers will not be entering the building but will do curbside pickup. If you have not been contacted regarding volunteering and you are interested, please call Lona Jose at 320-241-3943. Thank you!

In-Person Worship Is Now Happening!

We are now holding one indoor worship service every Sunday at **9:30 AM**. A SignUp Genius will be sent to members each week. Just a reminder that all members must sign up in order to attend, as seating is limited and on a first come, first served basis. We have made some changes to our sign up procedures. Congregation members do not have to pick their seat number. Our Worship and Music Director, Katie Kohler, will email you with your seat number and the sanctuary seating chart by Friday evening. As such, **please sign up for worship by Friday morning.**

The indoor worship will not replace our online services. We will continue to post online worship services on our **YouTube page** as well. As with the outdoor worship service, worship indoors will look a little different than previous indoor services, in order to comply with COVID -19 guidelines. We cannot accommodate more than 72 people. Make sure to sign up **ASAP** as all spots are first come, first served! More detailed information will be included in the weekly email sent out.

We are so excited to gather together again! Thank you in advance for your patience and cooperation as we navigate through all these guidelines. The safety of the whole Light of Christ family is and will always be of the utmost importance.

Connect and Converse during Zoom Bible Study

Sundays 6:30-7:30 p.m. via Zoom

Come to explore what God's Word says for life today. Each week we take a portion of Scripture. All are welcome!

In order to get a Zoom link, email Tim Johnson at tdale57@gmail.com

You may be as active in the discussion as you like. We all learn a little something from each other as we ponder the power and beauty and truth of God's Word.

CHECK YOUR 2020 PLEDGE STATUS

The 2021 Stewardship Campaign is now underway. Just a reminder that members can check the status of their



pledges for 2020 by logging in to the online member portal (https://servantkeeper.com/member-portal/lightofchristlutheran/login). You can also access the portal log in page from the Light of Christ website (www.lightofchristlutheran.com) by clicking the "Member Portal" icon on the top toolbar. If you need assistance or if you need another "invitation link" emailed to you to create your sign in, please contact Terri in the church office. Invitation links expire after 2 weeks.

2021 PLEDGES & ONLINE GIVING

If you need to change your Simply Giving contribution amount due to your 2021 pledge, please log in to your *MyVanco* account or contact Terri in the church office to make the change. Your pledge card does not authorize the church to make these changes.

Choir Update!

Good news! Light of Christ adult choir is meeting two Mondays a month, 6-7 pm via Zoom. If you're interested in



joining, contact Katie at locworshipmus@gmail.com. We're working on a mass choir recording for Christmas so come join the fun!

Help Keep Our Online Member Directory Up to Date!

Light of Christ Members: let's stay connected while having to be apart from one another! Don't forget about pictures for the online Church Directory. All you have to do is email your picture to <u>Terri at the church office</u> who will coordinate adding it to our directory.



CHILDREN, YOUTH & FAMILY NEWS

Family Advent Activities

It is hard to believe that the Christmas season is just around the corner! Due to the current pandemic, Light of Christ's annual Advent Family Event will be postponed until 2021. However, we still want to provide materials for families to help them celebrate the Advent season at home, which starts on Nov. 29th. One of the things that families will get is a threedimensional Advent calendar that includes daily bible verses and pictures, the Christmas story, and ideas for sharing God's love with others. They will also get materials to create an Advent wreath as well as a "blessings jar." If this is something that your family is interested in taking advantage of please sign up by this Wed., Nov. 11th on the SignUp Genius link that was sent out last week. If you need the link again, please contact Catherine Borman at locfamilies@gmail.com. Although celebrating Christmas will look differently for many families this year, the most important cause for celebration never changes and that of course is the birth of our savior, Jesus Christ. Blessings to all!

Sunday School

Sunday lessons are available on our YouTube channel for the 3-year-olds through 2nd graders. Our 3rd— 6th graders are using the Wakelet



platform to view their Sunday school lessons. These lessons will be emailed out with the link to participate. You can watch the YouTube lesson when it is most convenient for you throughout the week starting at 8:00 am Sunday mornings. We hope that you will take this opportunity to sit down with your child(ren) and help them to grow in their faith by participating as a family. We want to stay as connected" as possible with your child(ren) and their Light of Christ friends. We will continually work on coming up with ideas for gathering together safely during the colder months. Thank you for your support and understanding as we continue to walk with you and your family among unchartered territory. Please email Kim (locsundayschool19@gmail.com) if you would like to sign up.

Sunday School Packet Pick Up

If you have signed up for your monthly Sunday school materials to be picked up at the church, here are the times you will be able to do that. The packets are in a box located near the entrance to the church library.

- Sunday mornings during worship 9:30-10:30 am
- Wednesday mornings 9:30-11:30 am

Contact <u>locsundayschool19@gmail.com</u> if these pick up times don't work.



Basketball Hoop

The basketball hoop that we have at church is very old and needs an update. If anyone has something they could donate (backboard with a rim and net) or is interested in making a donation, please talk to Kirsten. Our youth will benefit from this even in the winter months, since we're doing so much outdoor ministry lately. Thanks for your support!

Firewood

If you or anyone you know has extra firewood that you'd be willing to donate to church, we could use a small supply for this winter for our outdoor youth ministry. Contact Kirsten Kelly if you're able to contribute. Thank you!

HS Fellowship

Youth in grades 9-12 are invited to join us on Wednesday

nights from 7:30-8:30 pm for HS Fellowship at church. We will have a bonfire, s'mores, games and more! We will continue to gather in person as long as Delano HS is doing the hybrid model. Kirsten has a Snap Chat group which she uses to update the HS youth. Let her know if you want to be added to this group. Hope you can join us!



Christmas Shopping with Heart

As you think about gifts for family and friends this Christmas, we invite you to consider giving Equal Exchange items such as coffee, tea, chocolate or nuts as a gift. They make great stocking stuffers or teacher gifts and also really help small farmers around the world. A small amount of proceeds also help our youth raise funds for summer trips such as Mission trips and Bible Camp. Order through our online store.



CHILDREN, YOUTH & FAMILY NEWS cont'd



Spark Wrap-Up

Thanks to the warm temperatures last week, we were able to squeeze in the last Fall Spark session for 5th & 6th graders. It was just like summer again as the children ran around playing several games that involved pool noodles, a beach ball, and even water balloons. Pastor Bruce emphasized the value of perseverance and leaning on God during hard times as he told them the story about Elijah. The children also learned that just as God was with Elijah during difficult circumstances, He continues to be with us as we face our own adversities. Overall, Fall Spark ended on a great note and we look forward to reconnecting for more two-week Spark sessions in late spring.















HONORING OUR VETERANS



Light of Christ wishes to honor our current Veterans. With gratitude we thank the following members of Light of Christ for their service to our country:

<u>Name</u>	Branch of Military	Years Served	<u>Location</u>
Ben Altenhofen	Navy	1963-67	Viet Nam
Don Anderson	Air Force	1965-69	Eglin AFB Florida
Lee Ashfeld	Air Force	1963-67	Japan, Turkey
Len Beilke	Navy	1965-68	Viet Nam
Don Collins	Army Reserve	1966-72	US
Pete Froehle	Army	2001-present	Saudi Arabia
Del Hirsch	Army	1969-71	US
Dennis Iverson	Army	1953-55	Kitzingen, Germany
Lowell Johnson	Army	1956-58	Germany
Mike Klaphake	Army		
Vern Lange	Navy, Army Reserve	1967-1993	San Diego, CA & Norfolk, VA
John Magner	Navy	1986-90	Norfolk, VA
Benjamin Raskin	Army National Guard	1994-present	Kuwait
David Rosaaen	Navy	1967-71	Lemoore, CA Naval Air Station
Tom Sebelien	1 st Division Army	1963-66	Viet Nam
Bob Stabnow	Army	1955-58	Germany
Dan Torfin	US Navy	1968-72	Viet Nam
Gordon Torgerud	US Navy	1958-61	USS Parsons, Viet Nam
Bill Weis	Air Force Reserve	1958-64	US

For those who have served, "Welcome Home." For those who continue to serve we thank God for your service.

Did you know the universal symbol for honoring a Veteran is holding your hand over your heart? When you see a member of the Military, honor them by holding your hand to your heart! Remember: November 11th is Veteran's Day. Contact a Veteran you know and say "**THANKS!!**"

Armistice Day commemorates the signing of the end of WWI (the war to end all wars) at 11:00 a.m., November 11, 1918 (name changed to Veteran's Day in 1954). The poppy was one of the only plants growing on the barren battlefields. On May 3, 1915, while looking at the grave of his close friend and former student, Canadian surgeon Lieutenant-Colonel John McCrae composed the poem, *In Flanders Fields*.



Verse 1

In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

(The battlefield spanned southern Belgium and northwest France)