



Worship

- **In-person worship—
9:00 am Sundays**
- **Online worship
continues, and will be
posted on the [church
website](#) and [Facebook](#)
page**



Church Council 2022

Mike Boyack
Tim Current
Steven Dickey
Carmen Hanson
Jennifer Hinker
Jon Holzer
Derek Horeis
Lisa Spencer
Natasha Werner
Pastor Bruce Kuenzel

The Marks of Discipleship

- † *Pray daily*
- † *Worship weekly*
- † *Read the Bible*
- † *Serve at or beyond
Light of Christ*
- † *Relate to others for
spiritual growth*
- † *Give of my time, talents
and resources*

Contact us!

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LOC Families Affected by Fires

This past week, two families from our Light of Christ community were affected by house fires: Pat & Leah Custer family and Adam & Kim Wortz family. We ask that you hold these families in your prayers, and if you feel led, here are some ways to help them during this difficult time.

Custer family:

Go Fund Me link:

<https://www.gofundme.com/f/help-the-custers-after-a-house-fire?qid=62f095584b9270c39e17b290f2964822>

Amazon Wish List:

https://www.amazon.com/hz/wishlist/ls/21NM6TTKMOATC?ref=wl_share&fbclid=IwAR3lmo3Vt2oFo1_w96GJoGfKtf-f5fo66GSF7oRlXh2sk1aLjRZlq0F_HQ

Meal Train:

<https://www.mealtrain.com/trains/d8r1n3>

The Church Council has also approved distribution of \$1500 from the capital campaign tithe fund to the Custer family.

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The Wortz family has indicated that they are not in need of financial assistance at this time, but below is a meal train link for them along with some specific items needed, and of course, they will gladly accept your prayers.

Wortz family Meal Train:

<https://www.mealtrain.com/trains/6d735q>

As the Wortz's make the hotel their temporary home, they will continue to need bottled water, Gatorade, and snacks for the kids to grab and go for at school and after school practices. So if you sign up for a meal, please consider adding some of these items. Or you can label and drop off items at church during office hours and they will be delivered to the family.

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Monthly Food Distribution

Thank you to those LOC members who helped with food packing and distribution in March. Your generous service is helping others!



Caring Corner

(by Sue Fink with the Healing and Wholeness Committee)



Grief and Loss: a life challenge we all face, but unique to each person.

Grief is a natural response to loss. It's the emotional suffering you feel when something or someone you love is taken away. Often, the pain of loss can feel overwhelming. You may experience all kinds of difficult and unexpected emotions, from shock or anger to disbelief, guilt, and profound sadness. The pain of grief can also disrupt your physical health, making it difficult to sleep, eat, or even think straight. These are normal reactions to loss—and the more significant the loss, the more intense your grief will be.

Though we expect to grieve the death of a family member or friend, many other significant losses can also trigger grief such as divorce or relationship breakup, loss of health, losing a job, loss of financial stability, a miscarriage, retirement, death of a pet, loss of a cherished dream, a loved one's serious illness, loss of a friendship, loss of safety after a trauma, or selling the family home and having to move.

Grieving such losses is important because it allows us to 'free-up' energy that is bound to the lost person, object, or experience—so that we might re-invest that energy elsewhere. Until we grieve effectively, we are likely to find reinvesting difficult; a part of us remains tied to the past. Grieving is not forgetting. Nor is it drowning in tears. Healthy grieving results in an ability to remember the importance of our loss—but with a newfound sense of peace, rather than searing pain.

No two people are likely to experience grief in the same way. The way we think and feel, the way our body functions, and the way we interact with others may all be affected. Some of the more common experiences include: difficulty concentrating, apathy, anger—at those responsible, at the deceased, at ourselves, at God, at any handy target, guilt—"If only I had done...", sleep disturbances, loss of appetite, withdrawal from others, irritability, intense sadness or tears when a memory is triggered, numbness, loneliness, or a sense of separateness from others, loss of life's meaning.

Sometimes our reactions are so changeable, intense, or irrational that we fear we may be going crazy. Often grieving people are afraid to confront their grief for fear that if they open the door they will be drowned in a flood of tears or rage. Though this is very unlikely, allowing others to help us in our grieving is good insurance that we will keep our balance.

No matter what our intense experiences of grief may be, **they are temporary**. There is life after grief—if we acknowledge and work through our reactions, rather than trying to stop them.

Fortunately, much of the process of healthy grieving seems to be built into our genes. Acknowledging and growing from losses is such a natural process that much of it will happen without our direction—if we relax our expectations of how we "should" grieve and give up some of our need to be in control.

But healthy grieving is an active process; it is not true that, "You just need to give it time." One way of understanding the work to be done is to think of grieving as a series of tasks we need to complete: 1) To accept the finality of the loss; 2) To acknowledge and express the full range of feelings we experience as a result of the loss; 3) To adjust to a life in which the lost person, object, or experience is absent; 4) To say good-bye, to ritualize our movement to a new peace with the loss.

Good friends, family members, or a personal counselor can all be helpful in doing this vital work. You can also do a good deal to help yourself.

Next week I'll address how to work through your grief, when it's time to seek professional help and how we can help when others grieve.

In the meantime, a great resource is HelpGuide.org and search "Grief and Loss."

March Is Food Share Month

Every year Light of Christ designates March as Food Share Month for the Delano Food Shelf. LOC members are encouraged to donate items in need or monetary contributions are also appreciated. Items most needed include canned soups, tomatoes, meals, all personal care items, soap/cleaning and laundry supplies, coffee/tea, baking

Food Shelf



items (sugars, soda, flour), spices, salt, pepper, sauces and condiments, gluten free pasta/flour, cereal, oatmeal, grocery bags and any other items are appreciated. Please do not donate outdated items. They can be dropped off at the Food Shelf on Thurs. 1-4, at church in the shopping cart inside the fellowship hall door or in the designated back pews at church. Thank you also for those who manage the Food Shelf including LOC's JoMarie Williamson and other LOC members who volunteer at the Food Shelf. Your service is so needed!

Helping the Ukrainians

Lutheran Disaster Response is accompanying our companions in Ukraine, Hungary, Poland and Slovakia, as well as such ecumenical partners as Lutheran World Federation and Church World Service, in their humanitarian responses to the crisis in that region. These partners provide refugees with immediate support and supplies such as food, blankets, water and hygiene kits. Your gifts designated for "Eastern Europe Crisis Response" will be used entirely (100%) to provide support for people impacted by conflict in the region.



You can support these efforts by clicking on the link below, by placing a check into the offering plate with the designation, "*Ukraine*," or by mailing your gift to:

Evangelical Lutheran Church in America, ELCA Gifts Processing Center
P.O. Box 1809
Merrifield, VA 22116-8009

and write "*Eastern Europe Crisis Response*" or "*Where needed most*" on your check's memo line.

<https://community.elca.org/eastern-europe-crisis-response>



March Food Distribution Update



NourishingHOPE

Food Distribution happens on the 2nd Monday of each month. In March, there were 53 households which received food, from 13 different zip codes. Forty-five were returning guests; 8 were first time guests. These distributions went to feed 130 people in these homes; 72 of them over 65 years old; 21 were aged 17 and under.

Each month there are opportunities to do one of three things:

- ⇒ Pick up the trailer (if you have a truck to pull it) or truck from Delano Rental. Also, you're invited to stop by church to pick up empty boxes.
- ⇒ Help to pack all of the boxes for all five churches participating in Nourishing Hope. Usually about 11:30 a.m. at Our Father Lutheran Church in Rockford.
- ⇒ Help to distribute the boxes here at LOC later in the afternoon. We arrive at about

3:30 p.m. to get set-up. It's a smooth process; goes pretty quickly once we begin to pass out the boxes.

Please watch for the Signup Genius to register your availability.

And, please remember our neighbors in your prayers.

Any questions, please reach out to Tim Johnson @ 952/472-1755 or Tim.Johnson@LOCDelano.com

"Let all you do be done in love." 1st Corinthians 16:14

Fundraiser Fun!!

Here are a few photos from our fun charcuterie fundraiser event that took place on Sunday, March 13. We want to thank Taylor Meats in Watertown for donating summer sausage for our event! We also couldn't have done this event without Marcus Hanson (your music and expertise is such a gift!), Jennifer Grant, the Community Life and Youth & Family Ministry Teams! Thanks also to everyone who purchased tickets and joined us for the great food and fellowship...we raised close to \$1,000! We truly appreciate your support!



This year we decided to do an online auction as a part of our youth fundraiser and it was a great success! We want to say a **HUGE** thank you to all of the individuals, groups and businesses that donated to our auction:

- 8th grade Berscheid/Stahlke Group
- 8th grade Werner/Dinger Group
- 9th grade Caple/Schansberg Group
- Big Stone Mini Golf
- Boyack family
- Brickside
- Carpenter's Daughter
- Cheri Ashfeld
- CorTrust Bank
- Cynthia & Bruce Kuenzel
- Dave's Town Club
- Delano Chiropractic
- Dairy Queen
- El Molcajete
- Ellie Loux
- Emagine Delano
- Jennifer & Peter Grant
- Kirsten & Dave Kelly
- Luce Line Orchard
- Lunderby Photography
- Meyer Chiropractic
- Midge Amend and son, Marcus Witte
- Pioneer Creek Golf Course
- Stan Droneck
- Unhinged Pizza
- Vicki & Kevin Noetzelman

We also want to thank Jennifer Slipka for organizing our event... we couldn't have done it without her! We will share totals with you once we have things wrapped up. Thanks to everyone who supported our youth through their bids! Because of all of you, our youth will have the opportunity to serve and learn in northern MN this summer!

Table Talks -- Why They Matter

- ♦ "Be devoted to one another..." Rom. 12:10
- ♦ "Be kind to one another..." Eph 4:32
- ♦ "Encourage one another..." 1 Thes. 5:11
- ♦ "Pray for one another..." James 5:16
- ♦ "Above all, be fervent in your love for one another." 1 Pet. 4:8



These are all commands or guidance for us as the Christ's church. And the reality is that we can't do these things without being together!



Table Talks are designed to connect us, to help us get to know each other better, and to share in some of the above "one anothers." Table Talks are also an opportunity for us to share some thoughts about how Light of Christ moves forward into the future.

So, click on [this link](#) and find a day and time for a group that fits your schedule. Invite someone to sign up with you. Think about someone you haven't seen in awhile and invite them. Table Talks are 60-75 minutes. We even have a gift for you!

Are you looking to get more involved in worship?

We are looking for new Altar Guild members!! As we are transitioning back to "normal" communion, we are in need of more help. It is a low commitment and a great way to volunteer at church. If you would like to become a member, please contact [Terri](#) in the church office or Kim Wortz at kimw1517@gmail.com.



Order Your Easter Flowers

Honor or remember a loved one with Easter flowers and help decorate the sanctuary for our Easter services.

Click [here](#) to place your order.

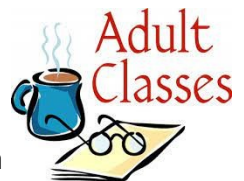
Deadline to order is **March 27th**.

Thank you for beautifying our church!

The Holy Spirit in the Bible and in Our World Today.

Pastor Bruce is leading a six-week series on the person and power of the Holy Spirit, both in the Bible and in today's world. We will be using

videos from the Bible Project to explore this facet of our spiritual lives in a deeper way. We will be meeting from 10:10-11:10 AM in Room 108 Sundays through April 10. There is no need to register. Please come with an inquisitive mind and an open heart.



Wednesday evenings during Lent

7:00 pm In-person Worship in the Sanctuary or via livestream. Worship will incorporate the Holden Evening Prayer service and feature the 10th graders' faith statements.

Word for the Week from Katie Anne Kohler

A Musical Journey Through Lent, Week 3

When Peace Like a River (It Is Well with My Soul)

Text: Horatio Spafford (1828-1888)

Music: Philip Bliss (1838-1876)

It Is Well with My Soul was first published in 1876. The text was written by Horatio Spafford, a successful lawyer and real-estate investor from Chicago.

The backstory of this song is tragic. Horatio Spafford had one son and four daughters with his wife, Anna. In 1871 tragedy struck and they lost their four-year-old son to scarlet fever. A few months later, the great Chicago fire wiped out most of their property holdings. In 1873, on the advice of a family physician, Horatio planned a family trip to Europe for his wife's health. He ended up staying back in Chicago at the last minute, however, due to business, but sent his family ahead. On November 22, 1873, the ship carrying Spafford's family was struck by another ship and sunk within twelve minutes, taking the lives of his four daughters. His wife, Anna, survived. She sent him a telegram saying, "saved alone...what shall I do?" from Wales. Spafford quickly took a ship to Wales to meet her. As his ship neared the place where their daughters drowned, he was inspired to write the lyrics to, "It Is Well With My Soul."

*When peace like a river attendeth my way,
when sorrows like sea billows roll,
whatever my lot, thou hast taught me to say,
it is well, it is well with my soul.*

Refrain

*It is well (it is well)
with my soul, (with my soul.)
it is well, it is well with my soul.*

*Though Satan should buffet, though trials should come,
let this blest assurance control,
that Christ has regarded my helpless estate,
and has shed his own blood for my soul.*

*He lives--oh, the bliss of this glorious thought;
my sin, not in part, but the whole,
is nailed to his cross and I bear it no more.
Praise the Lord, praise the Lord, O my soul!*

*Lord, hasten the day when our faith shall be sight,
the clouds be rolled back as a scroll,
the trumpet shall sound and the Lord shall descend;
even so it is well with my soul.*

It's incredible to think that such hopeful words were written through such sorrow. Even through all his tragedy, Spafford remained faithful, and through that faith he received hope. While we may not think of "It Is Well" as a Lenten song specifically, the overall theme of following the Lord throughout your life's journey is important...following God through the happy times and through the sorrow.



"Praise the Lord, my soul; all my inmost being, praise his holy name." Psalm 103:1

There's something deep within us that is made for God. The Bible calls it our "inmost being." Worship and praise is a part of what we're each made for. Please join us on Sundays, here at church or online streaming via our [Facebook page](#). Your soul needs it!

Opportunities for Children at Light of Christ

SUNDAY SCHOOL: for children 3-years through 4th grade – Sundays from 10:10-11:10 am

Note: Sunday school will not meet March 27, April 3, April 17

CLUB 5-6: for youth in grades 5 and 6. We meet on Wednesdays from 5-6 pm

There is no Club 5-6 during Lent. We resume April 20 and go through May 25.

SPARK:

- 1st and 2nd grade resumes **April 20** for 4 weeks. This is an afterschool program from 3-5pm. [Click here to register.](#)
- 3rd and 4th grade Spark will have meet additional 2 weeks on **May 18 and 25** – sign up link coming soon.

MEGA SPORTS CAMP: our Vacation Bible School for children 3-years through 4th grade runs **June 26-30** from 5:30-8 pm. [Click here to register.](#)

WAPO BIBLE CAMP: While students may register to attend any time during the summer, designated Light of Christ weeks are **June 26-July 1** and **July 31-August 5**. <http://lwlbc.com/lightofchrist>

- There is a Wapo one-day camp on **August 3** for those who completed K-4th grade to experience what camp is like.



HS Summer Trip – Registration still open!

Join our high school youth for a great service-learning trip to the North Shore this summer from **July 23-29!** We will serve at some social-justice agencies in/around Two Harbors for 3 days and then have time for fellowship and adventures on the North Shore. Registration is open to current 9th -12th grade LOC youth and friends. The cost is still being determined (based on numbers) but each youth will receive a \$100 scholarship from our congregation. Talk to Kirsten if you have any question and [register today at this link!](#)