



Mary Kaye Ashley, bridge pastor September 9, 2024

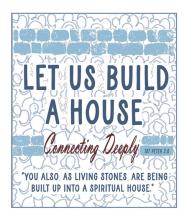
### Worship

- In-person worship-9:30 AM Sundays
- Online worship continues, and is livestreamed to our YouTube and Facebook pages



### **Church Council 2024**

Mike Boyack (vice pres.) Laurie Brown (sec'y.) Billie Chock Tim Current (treas.) Heidi Goldbeck Luke Jeseritz Lisa Krause Natasha Werner (pres.) Jon Wissink



### **Contact us!**

**Light of Christ Lutheran** 3976 County Line Road SE Delano, MN 55328 (763) 972-2400







LightOfChristLutheran.com Terri.Reuter@locdelano.com

# Free Fresh Produce and Dairy



Boxes of fresh produce and dairy products will be available for drive through pickup on a first come, first serve basis at the following locations:

#### Corcoran

NourishingHOPE

St. Thomas Catholic Church 20000 County Road 10 Corcoran, MN 55340

### Rockford

Our Father's Lutheran 3903 Gilbert Ave SE Rockford, MN 55373

### Hanover

Influence Church @ City Hall 11250 5th Street NE Hanover, MN 55341

#### Delano

Light of Christ Lutheran Church 3976 County Line Road SE Delano, MN 55328

#### Buffalo

**Buffalo Covenant Church** 1601 Highway 25 North Buffalo, MN 55313

### Maple Grove

Rice Lake Bible Chapel 8801 Rice Lake Road Maple Grove, MN 55369

### For assistance locating a specific site or for questions, please contact us at

NourishingHOPE is a ministry of Our Father's Lutheran Church, in cooperation with four area churches. Our vision is to relieve area food insecurity and promote wellness in mind, body, and spirit for people East-Central Wright County. For information on you or your organization partnering with NourishingHOPE, please visit our website at www.ourfatherschurch.org/nourishing-hope.html

### **Monthly Food Distribution**

The next food distribution is on **Monday**, **September 9**<sup>th</sup>. Shifts are available at 10:00 AM to about noon at Our Father's Lutheran Church in Rockford, and 3:30 -4:30 PM here at Light of Christ. Sign-ups are at the links below or QR codes shown:

- 10:00 AM packing food boxes (<a href="https://www.signupgenius.com/">https://www.signupgenius.com/</a> go/30E0848A9A72AAAF85-food)
- 3:30 PM distributing boxes of food right here in our church parking lot (https://www.signupgenius.com/ go/30E0848A9A72AAAF85-food1)







# **OUTREACH**

# Caring Corner

(from Sue Fink of the Healing & Wholeness Committee)

### **Resources for Suicide Prevention**

Another year has passed and once again it is National Suicide Prevention Month. Levels of suicide deaths have gradually increased over the past 20 years with a peak during the Covid isolation. This month we raise awareness and opportunities for education to help and support loved ones in the midst of depression and suicidal thoughts. *Hope is the antidote to suicide*. Connectedness brings hope for those who are depressed and lonely, which is a priority goal of LOC's Healing and Wholeness Ministry.

September often increases stress with new starts, full schedules, feeling overwhelmed. Please read articles published about stress, anxiety, and depression on the Mental Health tab of the LOC website (under Support/Mental Health/Education). We encourage open and hard conversations with friends and family when mental health struggles get in the way of living the lives we hoped for. Talking about suicide will not put the idea into someone's mind, but instead gives them the opening to talk and lets them know you are concerned. When you become aware of someone's suffering, there are many ways to support them and help them get the help needed to prevent suicide.

If you are concerned about yourself or someone else, know that you are not alone.

If the person is in imminent danger call 911 and request mental health crisis intervention.

<u>Call or text **988** Suicide and Crisis Lifeline</u>: The number has trained staff to answer calls from individuals at risk for suicide as well as those experiencing other mental health and substance use-related emergencies. Specialized services are available for veterans, LGBTQ+ individuals, and other groups.

Call your county mental health crisis number:

### Adults -

- Carver-Chaska 952-442-7601
- Hennepin-Minneapolis 612-596-1223
- Wright-Buffalo 800-635-8008

#### Children under 18 -

- Carver-Chaska 952-442-7601
- Hennepin-Minneapolis 612-596-1223
- Wright-Buffalo 800-635-8008

The Trevor Project Lifeline (suicide prevention for LGBTQ youth): 1-866-488-7386

<u>Minnesota Warmline</u>- Mental Health Minnesota 651-288-0400 – Provides a peer-to-peer approach to mental health recovery, support and wellness. Connect with people who are here to listen 7 days a week; call 9am to 9pm or text "Support" to **85511**. Online chat is available on their website: <u>mentalhealthmn.org</u>.

Support Resources: see lightofchristlutheran.com/support/mental health under Resources



### **September Fifth Sunday Contributions**

For the Fifth Sunday in September, we will be collecting contributions to help buy a van for Pastor Kebin's church in Belize. We have set up a link on the <u>online giving page</u> for you to contribute to the September Fifth Sunday offering, or you can designate your offering for the van in the offering plate, or you can also send a check to Terri at the office. Thanks for supporting all the efforts Pastor Kebin and his team do to support those in Belize.

### **KIDS HOPE USA**

Light of Christ has been partnering with an exciting program called KIDS HOPE USA and Delano Elementary



the last two school years and it has been VERY successful. We are excited to have most of last vear's volunteer mentors return and are also hoping to add a few more mentors. Volunteer LOC mentors spend one hour mentoring one child, one day a week at the elementary school during the school year and we do our best to work with your schedule. Delano Elementary staff selects the students. The primary goal of this one hour is building a friendship relationship with the student, having fun, and to help the child feel more comfortable in their school setting. We are happy to tell you more about the program if you are interested in joining us. This very successful program has been helping kids for over 25 years and is located in more than 40 states including MN. We look forward to talking with you about Kids Hope. If you are interested, please talk to Terri at the LOC office and she will connect you with us. Thank you!

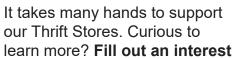


### Attention LOC Gardeners!

If your garden is overflowing with goodness, the Delano Helping Hands Food Shelf is happy to take any extra produce off your hands! You can drop off produce

at the Food Shelf between 5-6 on Tuesdays or 9-11 on Thursdays. If those times don't work for you, call us at 763-972-4455 and leave a message. We will get back to you to schedule another drop off time. Or, text Jo Williamson at 602-501-7903 to make arrangements.

# Volunteer in Love INC Heartland Thrift Stores







### Serve a Meal at Love INC Heartland

Build community by serving (or financially sponsoring) a meal at our Fresh Start Program beginning in September! Fresh Start is a series of life skills courses we offer to our neighbors in need. Before each class, we serve a meal to promote a sense of family. Sign Up Today: <a href="mailto:bit.ly/fsmealtrain">bit.ly/fsmealtrain</a>

# Call on the Light of Christ Prayer Chain

If you or someone you know is in need of prayer, please feel free to engage the Light of Christ Prayer Chain. Email the church office, which is preferred, or call 763-972-2400 with your request, which remains confidential. The LOC Prayer Chain will pray for you as requested. Feel free to call on this team in your time of need. Anyone wishing to join the Prayer Chain should contact the church office.

# Gratitude and Blessings for our Amazing Staff!

Please take a moment to express your sincere gratitude for our dedicated and hardworking staff during this time of pastoral transition. We know it hasn't been easy navigating this period without an identified permanent pastor, and we truly appreciate the extra effort and time our staff contributes to keep things running smoothly. Please give a shout out of appreciation and thanks to Katie, Kirsten, Terri, and LaDonna when you see them!

Sincerely, Church Council





# Come celebrate our beloved Pastor Bruce on Sunday, September 29th 9:30 AM

Let's all join and worship together at 9:30 AM. Pastor Bruce will give the sermon, there will be lots of music and we will share pictures/moments of his 8 years at Light of Christ. Join us after the service for a brunch & comedy roast, you won't want to miss. We will be serving a brunch that includes egg bakes, cheesy hashbrowns, homemade baked goods, yogurt parfait bar and drinks. Please see the Sign-Up Genius link below to sign up to help either make food or help serve. <a href="https://www.signupgenius.com/go/9040A4AA5A62CA64-51146165-pastor">https://www.signupgenius.com/go/9040A4AA5A62CA64-51146165-pastor</a>

We also have a special gift book for Pastor Bruce. Each person/family is invited to fill out a page with a special message/drawing, etc. Pages may be picked up at the church office or by contacting Kirsten. Please have pages returned **no later than Friday, Sept. 27**<sup>th</sup> **at noon**. Let's pack our church and give thanks to Pastor Bruce and Cynthia for the blessing they have been to Light of Christ.



# Women's Bible Study Resuming

**Attention Women!** As life and schedules get busy for the fall, please consider taking time out for yourself and joining us for the women's bible study starting in September. Participating in a bible study is a great way to dive deeper into the word and gain new insights that strengthen our faith.

The women's bible study will meet the  $1^{st}$  and  $3^{rd}$  Monday of the month, 6:30 - 8:00 PM at LOC. The first Monday of the month we will meet in the Living Room. The

third Monday of the month we will meet in room 106. If you need to leave by 7:30 that is okay. We will use the last 30 minutes for social time if people want to spend some time visiting. We will meet September – April 7. We will not meet in December. The first meeting will be <u>September 16</u>. If you can't make it every time that is okay! We want you to come when you can.

The study we will be doing for this session is "Meeting the Spirit" by Douglas Connelly. Below is a summary of the study. Source: <u>Meeting the Spirit, LifeGuide Topical Bible Studies: Douglas Connelly:</u> 9780830830688 - Christianbook.com

"Who is the Holy Spirit? How does he change our lives? How does he work in the world? These ten studies will help you examine these and other critical questions. The Spirit of God is eager to work in your life and draw you to God. These studies cover the specific aspects of the Spirit, including "The Spirit Invades" and "The Spirit Transforms." Come and meet the Spirit."

If you are interested in participating, please respond to Lindsay Lindall at <a href="mailto:lindsay.lindall@gmail.com">lindsay.lindall@gmail.com</a> We hope to see you there!

### STAYING CONNECTED



# Coming events for we "Older, Wiser Lutherans." Please join us!

Fall is coming and along with it, opportunities for crisp air and colorful scenery. Sooooo -

- \* **September 19**<sup>th</sup> we are going to the Hemker Zoo in Freeport, a 1 hour 20 minute drive up I-94 west. It is a really special, up close and personal zoo with a huge variety of animals, including giraffes and rhinos! We will meet at LOC at 9am and carpool. Afterwards we'll stop half-way home at Silver Creek and have lunch at the "Up the Creek" Grill and Bar.
- October 17<sup>th</sup> will be lunch at the Carlson Orchard near Winsted. They have new owners and the restaurant is reopening in September. Their pies are to-die-for, and you can get your supply of fresh apples and cider too.
- \* **BIBLE STUDY resumes on September 15**<sup>th</sup> each Sunday after church service (we'll skip September 29<sup>th</sup> for Pastor Bruce and Cynthia's farewell reception). We continue with the "Growing Older and Wiser" book, lesson 5.

If you have any questions or ideas to offer, feel free to call Sue Fink at 612-270-0172. We can always plan some extra events, such as a cruise on Lady of the Lake in Excelsior or a trip to the Arboretum. I'd love for us to attend a holiday concert or play!



If you or someone you know is interested in joining Light of Christ, please contact the <u>church</u> <u>office</u> for more information, or watch for information on our next reception of new members/partners later this fall.

### **Light of Christ is turning 40!**

2025 is the 40<sup>th</sup> anniversary of Light of Christ. The Church Council is planning to appoint a 40<sup>th</sup> Anniversary Committee of four to six people to spearhead our celebration. We'd like to have an anniversary committee that reflects the make-up of the congregation: male and female, different ages, long-time members/partners and newer members/partners, and so forth. If you'd like to be considered to serve on this committee, please let a member of the Church Council know of your willingness to serve. Thank you!





# Adult Choir begins this week!

Adult choir rehearsals begin **September 10**<sup>th</sup>! All levels are welcome. We rehearse every Tuesday, 6:30-7:30. Attendance at all rehearsals is not mandatory. We will sing Sunday, September 29<sup>th</sup> at Pastor Bruce's farewell service as well. If you are interested in being a part of choir in general or just that performance, come to the first rehearsal! Contact Katie with any questions.

# The Minneapolis Area Synod invites you



to a Festive Service of Holy Communion and the Installation of The Reverend Jen Nagel as Bishop of the Minneapolis Area Synod ELCA.

- Saturday, September 21 at 10:30 AM
- Central Lutheran Church, 333 South 12<sup>th</sup> St., Minneapolis
- A light reception will follow the service

# CHILDREN, YOUTH & FAMILY NEWS

















# Trunk or Treat this Fall!

We are looking at hosting Trunk or Treat at Light of Christ again this fall! This is a fun, family event where kids of all ages can dress up and go "trunk to trunk" to get a treat and have fun at church! Right now we are considering Sunday, October 27<sup>th</sup> from 3-5 pm. We would be looking for people/families to put together a theme-based trunk and would also need donations to hang out (candy, pencils, snacks, etc). If you are interested in this event or possibly even working with Kirsten on some of the details, please contact her at Kirsten.Kelly@locdelano.com!

## Help Fill the Fridge!!!

As we all know, "Food is Fellowship!" And this includes having snacks and drinks for the youth as we gather throughout the year. We invite any donations of drinks or snacks for the Living Room that can be available to our youth when we gather on Wednesdays or for special events. Whether it's leftover soda or juice boxes from this summer (or grad parties) or something you're willing to purchase... we'd love to have our fridge and cupboards filled with drinks/snacks for upcoming Wednesday nights! Donations can be dropped off in the Living Room anytime. If you would like a charitable donation receipt, please contact Kirsten. Thanks for your partnership in ministry!

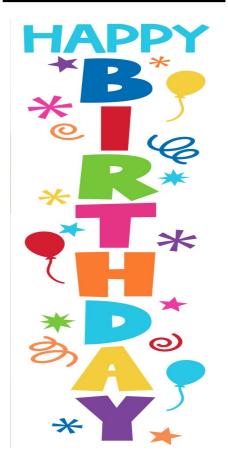


# September Birthdays

Tyler Mielke September 01 September 01 Grant Horeis September 01 **Finnegan** Brown Kris Lemmerman September 02 Donald Palan September 02 Allen Mary September 02 Maddie Knisley September 02 Gary Prinsen September 03 Nathan Schultz September 03 Matt Nohner September 03 **Darius** Clare September 03 Abby Trettin September 03 Val September 04 Donahue Chris Gross September 04 Mackenzie Motzko September 04 William September 04 Nohner Froehle September 05 Paige Michaela Todd September 06 Allen Bawek September 06 September 06 Rowan Johnson Reiffenberger September 07 Lynsey Olson Abby September 07 September 07 Valerie Nee September 07 Stephanie Larison Landon Hiltner September 07 Len Beilke September 08 Aaron Amdor September 08 Palan September 08 Eric Brandon September 09 Haugen Ben Cederberg September 09 Alex Ihde September 09 September 09 Weston Anderson Steve Freese September 10 Lisa Boecker September 10 September 10 Heidi Wuerger Marcus September 10 Hanson Stephanie **Almquist** September 10 Caden Jeseritz September 10 Vicki September 11 Noetzelman September 11 Lori Skogman Anderson September 11 Rowan Beilke September 13 Dee September 13 Onju Sturlaugson

The Community Life Committee would like to wish "Happy Birthday" to those who have birthdays this quarter! Next Sunday, September 15th after worship, we will have birthday treats to celebrate the September. October, & November birthdays! We will continue to celebrate birthdays quarterly so everyone's birthday will be acknowledged. Don't forget to wish someone a Happy Birthday this quarter!

For those celebrating, may blessings be upon you and let faith guide your heart all year. We hope your birthday is one of joy, peace, and love.



Jon	Wissink	September 13
Harlan	Grimm	September 15
Kevin	Olson	September 15
Rachel	Kopperud	September 16
Marshall	Thorstad	September 16
Stacy	VanCura	September 17
Kara	Emmer	September 17
Zachary	Fink	September 17
Max	Schmit	September 18
Nolan	Thorstad	September 18
Kendall	Geistfeld	September 18
Mike	Gallus	September 19
Matt	Coyle	September 19
Grace	Caple	September 19
Colette	Wamre	September 20
Emilia	Bidle	September 20
Lauren	Krysan	September 20
Wendy	Meyer	September 21
Evan	Amdor	September 21
Kinslee	Gross	September 22
Everley	Prickett	September 22
Tiffany	Allison	September 23
Amber	Eichten	September 23
Maia	Nee	September 23
Charlotte	Olson	September 23
Jason	Thompson	September 24
Philip	Radermacher	September 26
Devin	Russell	September 26
Brennen	Meyer	September 26
Lona	Jose	September 27
Adam	Kopperud	September 27
Carter	Peterson	September 27
Greg	Krause	September 28
Jana	Geistfeld	September 28
Becky	Coyle	September 29
Brenda	Dallmann	September 29
Shayla	Nesheim	September 29
Daxton	Custer	September 29
Brenda	Black	September 30
Crystal	Stahlke	September 30
Jameson	Geistfeld	September 30
Mya	Motzko	September 30

# October Birthdays

Taylor	Berscheid	October 01	Dylan	Thompson	October 17
Sarah	Rubertus	October 01	Eric	Anderson	October 18
Michael	Warmuth	October 01	Jack	Prinsen	October 18
Arlo	Hiltner	October 02	Karly	Schmidt	October 18
Nora	Lindall	October 02	Brad	Wiyninger	October 19
Aksel	Caslavka	October 03	Michelle	Bunker	October 20
Douglas	Laddusaw	October 03	Dale	Russenberger	October 20
Jordan	Spencer	October 03	Maggie	Thompson	October 20
Lesley	Berscheid	October 04	Maya	Carson	October 21
Eric	Parpart	October 04	Addison	Dallmann	October 21
Doug	Schuette	October 04	Rick	Zabel	October 21
Aaron	Sievers	October 04	Ailsa	Boyack	October 22
Jamey	Boecker	October 05	Megan	Dallmann	October 23
Dennis	Lohmann	October 05	Jessica	Holmer	October 23
Matthew	Motzko	October 05	Scott	Rundle	October 23
Vincent	Pavik	October 07	Erin	Olson	October 24
Lydia	Sievers	October 08	Mary	Johnson	October 25
Heidi	Hiltner	October 09	Jeremy	Prickett	October 25
Carrie	Quamen	October 09	Lisa	Spencer	October 25
Steve	Brown	October 10	Deb	Schantzen	October 26
Tim	Johnson	October 10	Hailey	Ness	October 27
Jack	Magner	October 10	Erin	Johnson	October 28
Casey	Carson	October 11	Bradley	Bruhn	October 29
Miles	Eichten	October 11	Claire	Bruhn	October 29
Ashley	Savage	October 11	Katherine	Bruhn	October 29
Casey	Schmidt	October 11	Laci	Custer	October 29
Sarah	Bersie	October 12	Mariah	Todd	October 29
Jen	Peterson	October 14	Kurt	Truax	October 29
Bradley	Czock	October 15	Carol	Heyen	October 30
Sydney	Imamura	October 15	KellyAnn	Lockrem	October 30
Anna	Krause	October 15	Liam	Olson	October 30
Samantha	Tool	October 15	Jan	Styve	October 30
John	Behnke	October 16	Brannon	Imamura	October 31
Kirk	Reierson	October 16	Max	Lotzer	October 31
Waverly	Sjulstad	October 16			



# November Birthdays

Mike	Ingebrigtson	November 01
Liam	Dornfeld	November 02
Emme	Savage	November 03
Brittany	Hartnett	November 04
Grace	Horeis	November 04
Kristine	Lotzer	November 04
Lois	Abel-Priester	November 05
Hannah	Bigot	November 05
Eva	Nohner	November 05
Curt	Reuter	November 05
Rachel	Boyack	November 06
Derek	Spencer	November 06
Heidi	Goldbeck	November 07
Braelyn	Ludwig	November 07
Greg	Ulberg	November 07
Dominique	Clare	November 08
Elisa	Carson	November 09
Diane	Irish	November 10
Corey	McLagan	November 10
Austin	Lundquist	November 11
Craig	Krysan	November 12
Claudia	Schmidt	November 12
Corey	Black	November 14
Joseph	Coyle	November 14
Erin	Green	November 16
Josie	Strobl	November 16
Dave	Wuerger	November 16
Kelly	Haugen	November 17
Sarah	Ness	November 17
Kylee	Amdor	November 18
Greg	Bersie	November 18



Kali Larson Behnke Megan Anne Farniok Motzko Jessica Ava Reierson Sarah Gierke Catherine **Borman** Tim Current **Nicholas Farniok** Lydia Gierke Stahlke **Bryce** Charlene Warne Kent Wischmann Wyatt **Borman** Jane Lewis Penke Kerri Ellie Stahlke Ryan Tool Mielke Marilyn Slipka Brennan Dana Anderson Seth Klason Anderson Tyler Laddusaw Sheryl Reese Black Stan Droneck Engel Ben Collin Magner Joshua Rothstein Jeremiah Werner Terry Cook

November 18 November 19 November 19 November 19 November 20 November 21 November 22 November 23 November 23 November 23 November 23 November 23 November 24 November 24 November 26 November 26 November 27 November 27 November 28 November 28 November 28 November 28 November 28 November 29 November 30

