



## Worship

- In-person worship—  
9:00 am Sundays
- Online worship  
continues, and will be  
posted on the [church  
website](#) and [Facebook  
page](#)



## Church Council 2022

Mike Boyack  
Tim Current  
Steven Dickey  
Carmen Hanson  
Jennifer Hinker  
Jon Holzer  
Derek Horeis  
Lisa Spencer  
Natasha Werner  
Pastor Bruce Kuenzel

## The Marks of Discipleship

- † *Pray daily*
- † *Worship weekly*
- † *Read the Bible*
- † *Serve at or beyond  
Light of Christ*
- † *Relate to others for  
spiritual growth*
- † *Give of my time, talents  
and resources*

## Contact us!

Light of Christ Lutheran  
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Delano, MN 55328  
(763) 972-2400



[LightOfChristLutheran.com](http://LightOfChristLutheran.com)  
[Terri.Reuter@locdelano.com](mailto:Terri.Reuter@locdelano.com)



## Light of Christ Gratitude Project

***TODAY!*** Show your gratitude to  
*Sign the card!*



Worshipping together in-person,  
worshipping through our online  
streaming, connecting to God and to  
one another, sharing the light of  
Christ's love, grace and power for  
life, is who we are and what we do.

On Oct. 9<sup>th</sup>, we received a wonderful  
group of new members. But whether  
you are new or a charter member we  
care about you! Please reach out to  
one of our staff or to a Council leader  
at any time, whether that be to share  
a need you have or with a question  
about how to get more connected  
with our ministry. We promise to do  
our best to serve you, connect with  
you, and help you find your niche of  
faithful service.



The church office will be  
closed on October 20<sup>th</sup>  
and 21<sup>st</sup>.

## Fifth Sunday Offering (October 30<sup>th</sup>): Birthday Ministry for Love INC



Light of Christ works in collaboration with Love INC to provide birthday gifts and birthday party supplies to families of children ages 12 and under. Families selected are vetted by Love INC and meet all requirements for assistance. The Light of Christ Birthday Ministry Committee is responsible for securing items needed including gifts, gift bags, wrapping paper, plates, napkins, balloons, cake mix, frosting, etc. Committee members then assemble the birthday bags, which are picked up by Love INC for distribution to the families for a great birthday party!

The Birthday Ministry is fully funded by Light of Christ congregation members, and our October Fifth Sunday Offering has been selected to help support this important ministry.

Two ways to contribute to this ministry:

- Donate through Light of Christ [Here](#) and click on the “**Donate now**” button under the *October Fifth Sunday offering* tile

OR

- Designate the offering you put in the October 30<sup>th</sup> collection plate for the **Fifth Sunday Offering/ Birthday Ministry**. Special envelopes will be located at the usher station.



The Delano Helping Hands Food shelf is happy to take any donations of food and personal or cleaning products that are unopened and not expired. Our greatest need now is for the following:

- \* Coffee/tea
- \* Barbecue sauce
- \* Sauce/spice packets (such as taco mix, chili mix, etc.)
- \* Hearty soups that can be a meal (we get lots of tomato & chicken noodle)
- \* Oatmeal and cereal
- \* Paper products (paper towels and toilet paper)
- \* Depends (for either men or women)

## Caring Corner

(from Lisa Hemmer of the  
Healing & Wholeness Committee)



October is Depression Awareness month. This article brings awareness to support our youth, and education for our youth. There are links to resources included here for schools and parents. In addition, check the [Light of Christ website](#); under the *Support* tab, click on *Mental Health* for more resources.

The National Alliance on Mental Illness (NAMI) published the following article that includes links to some of the many resources available through NAMI.

A new National Alliance on Mental Illness (NAMI) Teen Poll, conducted by Ipsos, found that teens who are struggling with their mental health are looking to their schools and parents for information and support.

“While the pandemic has taken a toll on our young people’s mental health, which was already showing troubling signs, this poll of young people shows that adults and schools have the opportunity — and an obligation — to help,” said Daniel H. Gillison Jr., CEO of NAMI.

According to the poll, about 1 in 4 teens have been diagnosed with a mental health condition, and 64% feel the world is more stressful now than when their parents were their age. While teens are comfortable talking about mental health, they often don’t start the conversation. Almost all the teen respondents (95%) who seek mental health information from their parents or guardians trust them, but initiating these conversations is still a hurdle that teens need help overcoming: Only about half (48%) say they talk to their parents or guardians regularly about their mental health.

Parents can help by normalizing mental health conversations early on and by acknowledging their own emotions and coping strategies. To help parents, NAMI offers [NAMI Basics](#), a no-cost educational course for parents of children with mental health conditions and is available both in-person and on demand.

The poll also found that teens are looking to schools to play a role in mental health, and they trust the information they get there. Seven in 10 teens agree that schools should teach about what mental health is, and 68% want their school to share information about treatments. Teens also think that schools should offer mental health days (67%). A dozen states have already passed laws providing these days, a policy NAMI supports.

Additionally, about 4 in 5 teens who seek mental health information from their teachers say they trust those adults, which provides a large opportunity for schools. [NAMI Ending the Silence](#) is a presentation program for middle- and high-school youth that provides essential information about mental health, as well as a personal story from a young person with a mental health condition.

**Additional Resources for Parents:** [NAMI Basics OnDemand](#) and local [NAMI Family-to-Family Support Groups](#) as well as the [NAMI Kids, Teens and Young Adults](#) section. Find these links and more at [www.nami.org](http://www.nami.org).

*I can do all things through Him who strengthens me.*  
Philippians 4:13



## Where are we going? What's important? What do you think?

Listed below are some **Ministry Initiatives** we're talking about. You can also watch a video with more information about the proposed ministry initiatives at this link:

<https://youtu.be/NZngN4XeZLY>

- **Deepening Our Connections** – Relationships – large group gatherings. More intimate settings.
- **Growing in Healing/Wholeness** – Our new ministry team has made so many strides. And yet we know there's more to grow and expand.
- **Expanding our Invitation, Welcome & Hospitality** – Delano continues to grow. How will we reach out? How do we best communicate our inclusive and warm welcome?
- **Being a Hybrid Community** – Live-streaming worship...yes! But how else can we grow opportunities for people to connect with ministry and faith? Let's talk!
- **Creation Care** – Being stewards or managers of what God has entrusted to us is a central tenet of our faith. Time, talent and treasure...yes. But what opportunities do we have to become more energy efficient? Utilize some portion of our property for the creation? Other?

— For details on the ministry initiatives [click here](#).

— [Click here](#) to watch a video about the initiatives.

— And share your input/feedback by [clicking here](#).

We're also looking at some facilities upgrades, improvements, even an expansion:

- Bathrooms refreshes
- Expanded narthex/fellowship area
- Enhanced building security
- Improved digital connection conference room
- Outdoor worship/events area improvements
- Kitchen refresh
- The parking lot
- ...and a bit more

More coming on this! Questions: Reach out to Tim Johnson at [Tim.Johnson@locdelano.com](mailto:Tim.Johnson@locdelano.com) or 952-472-1755



2023 pledge cards are available in the narthex, church office, or can be completed online at this link:

<https://bit.ly/3RloNar>

## Trunk or Treat

Unfortunately, since we have not been able to find any volunteers to help organize Trunk or Treat, this year we will not be hosting the event. We hope to have the event again in future years! Talk to Kirsten if you're interested to be a part of planning this great event in future. Thank you!

## Light of Christ Quilt Group

Quilters meet on Mondays at 10:00 am at church. No previous quilting experience necessary!





## 2023 HS Service Trip

We are so excited to announce that our HS Service Trip in Summer 2023 will be going to Belize!! Registration is now open (**through Wednesday, November 16<sup>th</sup>**) [at this link](#) for youth in grades 9-12 and adult leaders. Tentative dates for the trip are July 29-August 5, 2023. Reach out to Kirsten if you have any questions. Thank you for your prayers as we plan for this incredible adventure!



The Youth & Family Ministry Team has been talking for awhile about hosting more events for our youth that are focused on connecting and fellowship. So we're excited to share with you that we'll be having our first "HS Friday Night Lights" event in November! We are still finalizing details, but the night will include several events in and around Delano involving fun lights (possibly cosmic bowling, laser tag, etc)...and we always want to share our light, so we'll incorporate some fun service as well! More details to come but for now, **SAVE THE DATE...** you won't want to miss it! Here are the details:

**Who:** 9<sup>th</sup> – 12<sup>th</sup> grade youth and friends

**What:** Overnight fellowship event to connect and have fun!

**When:** 7 pm, 11/18 – 8 am, 11/19

**Where:** Light of Christ and beyond



**SPARK** for our 1<sup>st</sup> and 2<sup>nd</sup> graders began on Wednesday, October 12 after school from 3-5 pm. We will meet for 3 more weeks (**Oct. 26, Nov. 2 and Nov. 9**). We will be getting to know the following Old Testament people of faith: Esther, Joshua, Ruth and Noah. There is still time to register. Here is the link to register:

<https://lightofchristdelano.breezechms.com/orm/Spark202194>

Thank you to those who have graciously donated snack items for our after-school program. It is always appreciated! If you'd like to help, here are some ways to do so:

- ⇒ **DONATIONS:** Store-bought snacks (chips, fruit snacks, cookies, fruit, veggies, lemonade, juice) for our after-school program. We can always use fresh fruit/vegetables, store-bought dessert, lemonade, juice for our Club 5-6 group/Confirmation youth.
- ⇒ **TIME:** We would like to have people willing to spend a ½ hour (2:45 – 3:15) to set up/serve/clean up afterschool snack for our Voyagers/Spark group.

If you would like to help, please contact LaDonna Ekern at [LaDonna.Ekern@locdelano.com](mailto:LaDonna.Ekern@locdelano.com) or call/text to 320-212-2583.