



November 18, 2024

Worship

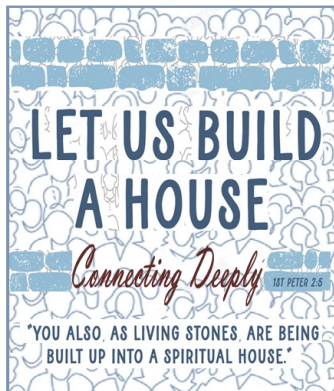
- In-person worship—
9:30 AM Sundays
- Online worship continues, and is live-streamed to our [YouTube](#) and [Facebook](#) pages



Church Council 2024

Mike Boyack (vice pres.)
Laurie Brown (sec'y.)
Billie Chock
Tim Current (treas.)
Heidi Goldbeck
Luke Jeseritz
Lisa Krause
Natasha Werner (pres.)
Jon Wissink

The Explorers listened intently to Pastor Tim's first Children's message at Light of Christ.



Contact us!

Light of Christ Lutheran
3976 County Line Road SE
Delano, MN 55328
(763) 972-2400



[LightOfChristLutheran.com](https://www.LightOfChristLutheran.com)
Terri.Reuter@locdelano.com

LIGHT OF CHRIST PAINT NIGHT



WELCOME TO THE LADIES FROM LIGHT OF CHRIST CHURCH ON THEIR ANNUAL NIGHT OUT. JOIN US NOV. 21ST FOR A NIGHT OF PAINTING. WE WILL MAKE THESE CUTE PAINTINGS THAT MEASURE 6X8. COST IS \$30 THAT INCLUDES ALL THE SUPPLIES. FEEL FREE TO BRING YOUR BEVERAGE OF CHOICE FOR THIS FUN EVENT.



REGISTER
HERE



Sisters of LOC Paint Night November 21

Join us for a night of painting and fellowship. Sign up at this link: <https://www.signupgenius.com/go/9040A4AA5A62CA64-52945235-sisters#>; pay and register via QR code in the graphic to left.

Caring Corner

(from Sue Fink of the Healing & Wholeness Committee)

What a Difference a Friend Makes

(NamiMN.org)



Imagine that you've just been diagnosed with a serious but treatable physical condition. You're scared and confused, so you tell a friend. How would you feel if your friend laughed, called you names, or told you to just snap out of it? People with mental illnesses face these reactions every day. We all know better than to hurt people, especially when they're already hurting. Mental illnesses cause painful physical, mental, and emotional symptoms. Uncaring responses are even harder to bear. Put aside any preconceived notions you might have about mental illnesses, and embrace a more helpful way of relating to people.

Instead of dismissing a person's worries, express your interest and concern. Don't change the subject when a mental illness diagnosis comes up. Ask questions, listen to ideas, and be responsive. Ask what you can do to help. If other people make insensitive remarks, don't ignore them. Educate them so that they understand the facts about mental illnesses. If somebody with a mental illness applies for a job or an apartment, don't discriminate. Treat people with mental illnesses like you would treat those with any other serious condition: with respect, compassion, and empathy.

Help a Friend

If your friend tells you they have a mental illness, you could respond in any or all of these ways:

- Express your concern and support.
- Ask for more details about the person's diagnosis and how he or she is managing. Really listen to the answers and continue the conversation. Make sure your friend understands that you honestly care.
- Ask what you can do to help. You can leave this open-ended, or you can suggest specific tasks that might help with a specific situation. Giving a ride to a medical appointment and keeping the person company in the waiting room is a great way to help. It can ease some of the anxiety and reluctance that people feel when faced with a life-changing diagnosis.
- Bring over a meal or send a card.
- You might also offer to help your friend with errands. Just be careful not to patronize or make them feel disempowered.
- Reassure your friend that you still care about them. Be sure to include them in your plans — going out to lunch, catching a movie, taking a walk. If your friend resists these suggestions, reassure and reinvoke without being overbearing.
- Remind your friend that mental illnesses are treatable. Find out if they are getting the care they need. If not, offer your help in identifying and getting the right kind of care.

In an Emergency

If a friend is having a mental health emergency, ask them what kind of help they need, and respond immediately. It is important to give them hope and encourage them to seek support.

Suicide is one of the most frightening possible outcomes of mental illnesses.

If you or someone you know needs help, **call 988** immediately. This is the number for the National Suicide and Crisis Lifeline. It is a free 24-hour service for anyone who needs help. Never ignore or underestimate remarks about suicide. Take them seriously, and make sure that the person in crisis is cared for. Also, if you think your friend is in immediate danger, do not leave them alone. Stay there and call 988, the local mental health crisis team, or 911. If you call 911, be sure to request a crisis intervention trained (CIT) officer and say that this is a mental health crisis. Immediate medical attention is also needed if somebody is very weak or ill from an eating disorder.

The more information you have, the more help you can be to a friend with a mental illness.

OUTREACH



Christmas for a Cause

Hi, my name is Ashlynn Wortz and I will be organizing Christmas *Friends 4 A Cause* for my National Honor Society project. *Friends 4 A Cause* is

a local non-profit that helps Delano families, who may be going through tough times, have a brighter Christmas. Please check out the SignUp Genius link provided below for more information and ways to donate.

Email kimw1517@gmail.com or call 952-457-9253 with any questions!

<https://www.signupgenius.com/go/904094EA5AF2BA75-53264935-locfriends>

Support the Christmas Store - Love INC Heartland



The Christmas Store gives Love INC families the option to shop for Christmas gifts for their children at no cost to them. You can support by giving a gift online today! bit.ly/loveincchristmas

Store Volunteers - Love INC Heartland

Our thrift stores in Delano and Howard Lake are in urgent need of volunteers to help stores run smoothly. Training provided and commitment is flexible. Volunteer as individual, family, or group today. thrift@loveincheartland.org



Items Wanted

The church could use two stainless steel chafing dishes to serve hot food during funeral luncheons, and a metal two-drawer filing cabinet with a lock to store archived personnel files. If you have either of these items and are willing to donate them, **please contact Rhonda Current** at rkcurrent1@gmail.com and I can arrange to pick them up or meet you at church to collect them. Thank you.

CHURCH NEWS



THE HOOT NEWS for November from Sue Fink

Here's "The HOOT"

Our December event will be the usual third Thursday, on December 19th, with plans for a Christmas potluck, fun, games, and prizes!!! We sure do have fun!

Peace in Christ,
Sue and the OWLS team

Ringers and Singers

The Community Life Committee would like to invite you to a holiday outing that our own Marcus Hanson is a part of. It's the *Holiday for Orchestra with Ringers & Singers: Christmas Movie Edition* at the Buffalo High School Performing Arts Center on **December 8**. For more information or to sign up, please follow this link: [Ringers & Singers](#). If you have questions, please call, text or email Kelly Harstad at 763-227-8246 or kellyharstad8@gmail.com.



Together We Thrive: Time, Talents, and Treasure Celebration Sunday

As we conclude our stewardship drive, we come together to offer our time, talents, and treasures for the mission of Light of Christ. Today, we invite you to submit your 2025 pledge cards as a commitment to our shared future. (One per household.) Through your pledges, we affirm that together, with God's grace, we will thrive in the coming year. Thank you for being a part of this vital mission.



You are also invited to fill out and return your *Thriving through Time & Talents* sheet. One per member. A sample of service options are below.

Contribute to Children and Youth Ministry

- ☐ Teach Sunday School or volunteer to support Wednesday youth ministry
- ☐ Participate as a KIDS HOPE mentor in partnership with Delano Schools
- ☐ Read to kids during Wednesday church / share a bible story in a fun manner (Weds 3:30 – 4:00 PM)
- ☐ Assist the Explorers group – Sundays during worship sermon (20 minutes)
- ☐ Prepare and clean up from Youth snack (Wednesday 3:00 – 3:30 PM; sign up in advance)
- ☐ Volunteer as a substitute small group leader for Wednesday youth sessions 3:00 – 5:00 PM
- ☐ Provide Children and Family Committee with support and recordkeeping (2 hours / month)

Thank you for sharing your time and talents with us for the ministry we all share!



Thank you to Tom and Sharon Sebelien and their daughter for their donation of the beautiful Noah's Ark set for the children's ministry program.

Sunday Announcements

If you would like to share any church-related announcements on Sunday morning, please let Katie know by the Wednesday prior to the service. We will do our best to accommodate, but there may be Sundays where we cannot fit it in, and another Sunday may work better. Thank you!

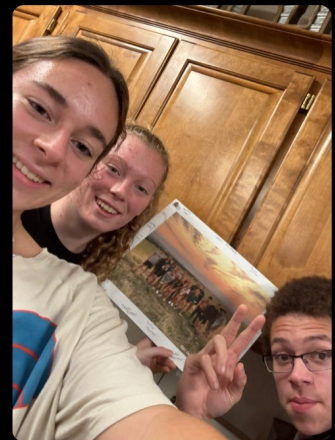
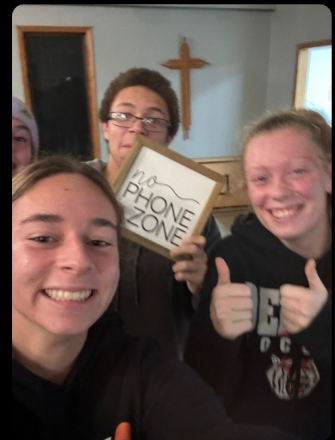


Adult Choir

Adult choir rehearses every Tuesday, 6:30-7:30 PM. Attendance at all rehearsals is not mandatory. Contact [Katie](#) with any questions.



**Assembling Grad Care Packages -
from the LOC congregation and
mailed after Thanksgiving 🧡**





7th/8th Grade Mission Trip Twin Cities, MN June 8-12, 2024

We are excited to offer our very first 7th and 8th grade mission trip this upcoming summer! It'll be a short-ened trip (4 nights) and always be local—probably in the Twin Cities area. Please check out the info below, prayerfully consider attending and talk to Kirsten about any questions!

What: A trip for LOC youth currently in grades 7 and 8 who want to grow in their faith, serve and learn together on a trip in Minnesota!

Where: Staying at Luther Memorial Church in South St. Paul, MN

Cost: Approximately \$375

More Info: [Click here to view the info sheet for more details](#). If you missed the info meeting, here is the link of the recording: <https://www.youtube.com/@lightofchristdelano9722>

Register here (and pay your \$100 deposit) before **12/18/24** to secure your spot! <https://lightofchristdelano.breezechms.com/form/TwinCities2025>

Youth Choir Rehearsals have begun!

Youth choir rehearsals begin in November! at all rehearsals is not mandatory. Rehearsals take place after worship and last for 30 minutes. The listed ages are 3rd-6th grade, but if your child is out of that age range and interested, talk to Katie. If you would like to sign-up for youth choir, use this QR code and fill out the form! Contact Katie at katie.kohler@locdelano.com with any questions.

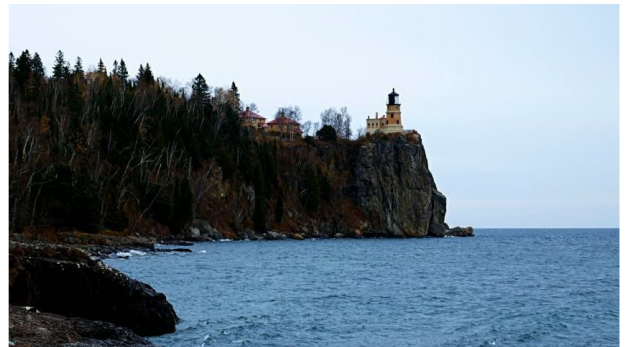


Confirmation Calendar

(All events are 6:15-8:00 PM unless noted otherwise. See more details included on [this page](#).)



- 11/20 = Teaching Night
- 11/27 = *No Confirmation (Thanksgiving)*
- 12/4 = Service Night at Delano Food Shelf
- 12/6 = [Friday Night Lights!](#) (7-10PM)
- 12/11 = Service Night at Love INC
- 12/18 = Christmas Party!



HS Mission Trip North Shore, MN July 26-Aug. 2, 2025

We are excited for another awesome trip with our HS youth learning and growing together through service! Please check out the info below, prayerfully consider attending and talk to Kirsten about any questions.

What: A trip for LOC youth currently in grades 9-12 who want to grow in their faith, serve and learn together on a trip in northern MN!

Where: Two Harbors, Duluth and Grand Marais, MN

Cost: Approximately \$375

More Info: Talk to Kirsten or pick up an Info Sheet from the office. If you missed the info meeting, here is the link of the recording: <https://www.youtube.com/watch?v=4vtVEeOd5Mw>

Register here (and pay your \$100 deposit) before **12/18/24** to secure your spot! <https://lightofchristdelano.breezechms.com/form/NorthShore2025>