



April Worship

All worship services will be recorded and posted on the [church website](#) so you can watch and stay connected each week. Online worship will continue until the restrictions for large group gatherings are lifted.



Church Council 2020

Kylee Amdor
Wes Aylsworth
Carmen Hanson
Jennifer Hinker
Jon Holzer
Elizabeth Kohlhof
Dan Langner
Tom Sebelien
Stacy VanCura
Pastor Bruce Kuenzel

The Marks of Discipleship

- ✝ Pray daily
- ✝ Worship weekly
- ✝ Read the Bible
- ✝ Serve at or beyond Light of Christ
- ✝ Relate to others for spiritual growth

Contact us!

Light of Christ Lutheran
3976 County Line Road SE
Delano, MN 55328
(763) 972-2400



LightOfChristLutheran.com
lochrist@frontiernet.net



Free Fresh Produce

Sponsored by Second Harvest Heartland and NourishingHOPE food drop

Boxes of fresh produce will be available for drive through pick up on a first come, first served basis
All are welcome

Wednesday, April 29
3pm -5pm
(or until gone)

Locations for pick up

Corcoran

St. Thomas Catholic Church parking lot

Delano

Light of Christ Lutheran Church parking lot

Loretto

Loretto Fire Department parking lot

Appropriate distancing and covid mitigation practices will be employed

Montrose

Montrose United Methodist Church parking lot

Rockford

Our Father's Lutheran Church parking lot

St. Michael

Colonial Mall (Alleluia Lutheran Church)

Staying Vibrant—Staying Connected

As we continue to “shelter in place”, Light of Christ staff and congregation commit to staying connected, providing support, and giving assistance wherever needed!

We have many Light of Christ members willing to reach out through a multitude of different initiatives. Running errands, providing rides, navigating online ordering/communication opportunities, a note to say we are thinking of you or simply checking in with a “how are you doing” phone call. We want to continue saying “thank you” to all those on the front lines – our medical personnel, public and private school educators, grocery store employees and so many more.



If you or someone you know is in need of support, please email locvolunteer@frontier.com or call Jinnelle Weis at 952-250-5527. I also invite anyone who can help in providing support to please call or email and I will gladly add you to one of the many ways in which we are connecting with our church family.

Now more than ever it is important to nourish relationships, connect in ways possible and to care for each other. Thank you for your caring, your compassion, and your giving of your time for others!

Call on the Light of Christ Prayer Chain

Then you will call on me and come and pray to me and I will listen to you. Jeremiah 29:12

Are you in need of a prayer during these difficult days? Do you know someone else in need of prayer? If so, please feel free to engage the Light of Christ Prayer Chain. The process is simple and 100% confidential. All you need to do is contact the church office either by email (preferred—lochrist@frontiernet.net) or phone (763-972-2400; please keep in mind office hours are currently limited to Wednesdays, 9:15-11:30 am) with your request. The church office then contacts the group of LOC members ready to pray for you as requested. Feel free to call on this team in your time of need. Anyone wishing to join the Prayer Chain should contact the Church office.

Free Meals Available for Seniors 60+

Wright County Community Action and the Delano Senior Center continue with their partnership in providing ten frozen meals to **Wright County seniors (age 60 plus)**. Meals will be delivered directly to homes for the duration of the CoVid-19 crisis. If you are a senior, or know of a senior, that would benefit from this program, please email senior@delano.mn.us or call 763-972-0574 to sign up. You can also contact the Delano Senior Center and their volunteers or staff are available to reach out to seniors that may be interested in participating.

If you would like to support this initiative, monetary donations would be greatly appreciated. Additionally, there is a need for temporary freezer space, preferably walk-in. Please call Terri Harris at 763-742-3113 if you have freezer space that can be shared with this program.

Caring Cards

Is there someone you would like to receive a personally written message of support or encouragement from the Light of Christ family? Please complete this [form](#) and email or send to the church office. Or email the information below to lochrist@frontiernet.net. A card will be created and sent to the intended recipient.

Please send a card to: **Name:** _____

Address: _____

This person needs support dealing with:

grief depression, brokenness
 illness family discord

optional details:

To ensure an age-appropriate message, please indicate the recipient's age.

youth-young adult 30-60 60-100

*This outreach is provided by the
Healing and Wholeness Ministry.*

CARING CORNER

(Created by Light of Christ
Healing and Wholeness Ministry)



We care about how you and your loved ones are managing through this challenging time of social distancing and cabin fever! If you are struggling with anxiety, depression, stress, loneliness and isolation, grief and just feeling lost, you are not alone. We encourage you to call Pastor Bruce if you need some support. His cell is 505-412-3013.

You can also call the Minnesota Warmline Monday-Saturday 5-10pm (651-288-0400 or text "Support" to 85511) to talk/text with a trained Certified Peer Specialist. They provide a safe, anonymous confidential environment to connect with people who are "here to listen".

Find online resources through Mental Health Minnesota for help in crisis, apps to help you cope and manage your mental health. Many counseling centers are offering phone sessions or virtual visits. You can do the Google!

NAMIMN.ORG is the website for the National Alliance of Mental Illness Minnesota. They have quickly put together numerous live Zoom classes available at various times during the day, but are currently working to have recordings of these classes available for you to use at a convenient time for you. Here is a sampling of what is currently offered:

Creating Caring Faith Communities (this is the class we had at LOC in November if you missed it): Thursday, April 30, 2-3pm

Keep in Touch - staying connected with social distancing: Friday, May 1, 2-3pm

QPR - Question, Persuade, Refer; suicide prevention: Wednesdays, 12-1:30pm

Gray Matters - Understanding Depression in Older Adults: Friday, April 24, 3-4:30pm

Gray Matters - Understanding Anxiety in Older Adults: Monday, April 20, 11:30-1pm

Together We Can Make It Okay - commitment to changing misperceptions of mental illness by encouraging open conversations: Wednesdays, 3-4pm

Remember: "Be gentle with yourself, you're doing the best you can."

**When the What Ifs Are Overwhelming-
Three Simple Practices for Anxiety in Uncertain Times**
<http://www.mentalhealthministries.net/resources/covid/DiscoverHope.pdf>

New Equal Exchange Online Store with FREE Delivery... order for yourself or brighten someone's day!

Light of Christ (LOC) youth are beginning a new "Online Store" with Equal Exchange items (coffee, chocolate, tea, nuts, etc.) as well as LOC Tumblers. You can order items online (<https://forms.gle/Td7By6ugsStCBALW7>) and then choose to have them delivered to someone's house to brighten their day (gift wrapping available) or order for yourself and have it delivered to your home! If you order for someone else, we encourage you to include a special note so they know who it is from. Payment for items can be made online or you can mail a check, but items will not be delivered until payment is received. Once the order is complete, a high schooler from LOC will deliver the item/s to the specified address (free within Delano and surrounding communities). We will make sure to follow CDC and social distancing guidelines during the entire process. All proceeds will benefit future youth trips/camp. What a great way to send a "thank you" to your child's teacher, get a gift for Mother's Day or just brighten someone's day! (Please note: since we're not sure how popular this will be, we are starting with the inventory that we currently have available. If we find that it goes well, we will order more Equal Exchange items and have them available once they arrive. Thanks for your patience and understanding. And we invite your feedback and input!)



3rd graders met via Zoom on April 21st

Kid's Connect and Spark via Zoom!

Here is the remaining schedule for Zoom Connect times for grades 3-6. Hope you can join us!

- ◇ 3rd Grade = May 5, May 19 and June 2
from 3:00-3:30 pm
- ◇ 4th Grade = April 28, May 12 and May 26
from 3:00-3:30 pm
- ◇ 5th Grade = April 30, May 14 and May 28
from 3:00-3:30 pm

9th Grade Confirmation Meeting

All 9th grade youth and parent/s are asked to join Pastor Bruce and Kirsten via Zoom on Wednesday, April 29 at 8 pm for a short meeting regarding mentoring and the final year of Confirmation. Watch your email for the Zoom invitation and password.

Zoom Sunday School Is Happening!!

Each Sunday, we will be having live Sunday school lessons on Zoom. 3-year-olds through 2nd grade can log in from 8:30-9:00 and 3rd through 6th grade log in at 11:00-11:30 am.

Online Confirmation

Confirmation youth and Guides will be meeting online in their small groups for the last unit, which is on Forgiveness. Pastor Bruce, Kirsten and Katie are creating videos that the Guides will share with the kids each week. Please keep our youth, families and Guides in your prayers as they continue to connect but in very different ways. We miss seeing our friends in person!

HS Fellowship via Zoom Is Cancelled

Due to limited response, we won't be doing HS Fellowship via Zoom on Wednesday nights any longer. Please share any ideas you have but we hope to have some outdoor, social-distance gatherings once the guidelines are lifted.

Bible Study for LIFE

Jesus said that he came that we might have life and have it abundantly. (John 10:10) Even now? With all of this?

Beginning April 28th, Tuesday evenings, from 7-8 p.m., you are invited to an online Bible study designed to explore how the Bible speaks to some questions, issues, interests and concerns we all have. Light of Christ member, Tim Johnson, will lead a casual study and conversation using the acronym, **LIFE**, as a guide.

L -- is to **Listen** to God's Word. This means to listen, read, be open to hearing God speak, both through the Bible but also through our conversation together. "Whoever has ears, let them hear." (Matthew 13:8)

I -- is to **Internalize** what you hear or read. The Bible puts it this way--"Let the Word of Christ dwell richly within you." (Col. 3:16)

F-- **Follow** the stirrings of the Holy Spirit and God's Word. In other words, do what it says. "Be not only hearers of the Word, but doers as well." (James 1:22)

E -- **Experience** and **Enjoy** the fruits of being connected more deeply to God. Taste and see that the Lord is good; blessed is the one who takes refuge in him." (Psalm 34:8)

The idea is that we'll learn together, and that we'll each do our best to internalize/meditate upon what we read and learn, and then seek to put that Word into practice and see what happens. Then we'll share the next time we're together what we're sensing or learning (our experience) as we try to apply God's Word.

This is for beginners or those who have years of Bible study under their belt. But our orientation will be simple, trusting that God will indeed come to us and speak to us in these very Words we will read and share together. After all, God nudges and speaks to each of us in different ways.

Our first four topics will be:

- ✚ How to find peace in all of this.
- ✚ Praying for my family, friends, church, myself. How?
- ✚ Being hopeful instead of fearful. How do I do this?
- ✚ Simplicity instead of complexity. What is this mustard seed conspiracy of Jesus'?

Please email Tim directly for the meeting link or for more information: tdale57@gmail.com.

Together, let's find some new **LIFE** in all of this!

Submit Your Family Pictures

Light of Christ Members: don't forget about pictures for the online Church Directory! While we are all staying safe at home, this may be a great time to gather the family members and take a picture of the gang. All you have to do is email your picture to **Terri at the church office** who will coordinate adding it to our directory.



Get Your Daily Devotions

Pastor Bruce and Worship and Music Director, Katie Kohler, post a morning devotion five days a week — Monday, Tuesday, Thursday, Friday, and Saturday—which can be found on our [website](#) under the "Staying Vibrant Despite the Virus" tab ([Worship/Music/Devotions](#)) or on our [YouTube channel](#).



Church Library Has Many Resources

Just a reminder that even though the public libraries are closed, the church library has many books and resources for members to check out, and for all ages and topics. Just stop in during office hours (currently Wednesdays 9:15-11:30 am) to check it out while still remaining socially distanced!

