



## Worship

**Starting in October—Indoor Worship at 9:30 am (must sign up—watch for email). Worship services will be recorded and posted on the church website. Online worship will continue until the restrictions for large group gatherings are lifted.**



## Church Council 2020

Kylee Amdor  
Wes Aylsworth  
Carmen Hanson  
Jennifer Hinker  
Jon Holzer  
Elizabeth Kohlhof  
Dan Langner  
Tom Sebelien  
Stacy VanCura  
Pastor Bruce Kuenzel

## The Marks of Discipleship

- ✝ *Pray daily*
- ✝ *Worship weekly*
- ✝ *Read the Bible*
- ✝ *Serve at or beyond Light of Christ*
- ✝ *Relate to others for spiritual growth*
- ✝ *Give of my time, talents and resources*

## Contact us!

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lochrist@frontiernet.net

## Staying Vibrant! What Does That Look Like?

Keeping your relationship with God vibrant...what does that look like for you? With so much that is compelling and inviting us into new ways of doing things, sometimes important things can seem to get squeezed out. While our worship experiences together have taken on different patterns, and while work and school are upended or at least changed, and while things as simple as going to the store take on a different tack, attending to our relationship with God might look differently, too. But whatever the case, the important thing is that we keep it important.

In this week's video from our Stewardship Committee, we hear a few of their thoughts on keeping that relationship vibrant.

**[Click here for video link](#)**

Light of Christ, in all of its different expressions, is central to our life together and individually as people of God. Please know that your financial pledge for our 2021 ministry together is gratefully received as the precious and important gift that it is from you. Thank you! Please pray about what a regular contribution might look like for this next year, and then fill out the Faith Commitment form online by clicking the link. God bless you for doing your part to deepen the faithfulness of Light of Christ!

**[Click here for pledge form](#)**

## Fresh Produce Distribution

In collaboration with Our Father's Lutheran Church/Nourishing Hope Food Drop with generosity of Second Harvest Heartland and a special donation from Untiedt Farms, Light of Christ volunteers again distributed produce to area residents – 66 families/ households were served.



Distribution took place at Light of Christ on Tuesday, October 13<sup>th</sup> with the generous help of Jessie and Wes Aylsworth, Cheri Ashfeld, Wendy Caslavka, Heather Dickey, Heidi Goldbeck and Jennifer Grant. The continued help of dedicated volunteers is a blessing and very appreciated! We are especially grateful for Wes Aylsworth in his organization and oversight of this event through the spring, summer and fall months.

Light of Christ is grateful to be included in these efforts to assist area families in need. It is heartwarming to experience the willingness of so many to provide resources and assistance needed during this unsettling time.

A huge thank you to our Light of Christ volunteers and to all who continue to support community members in so many ways!

## Silent Prayer and Meditation in the Sanctuary

**The Light of Christ Sanctuary will be available for prayer and meditation every Wednesday from 4:30-6:30 pm and every Thursday from 11:30 am-1:30 pm.**

Light of Christ has not changed who we are or what we do but pandemic concerns have changed how we live out our vision as a welcoming, accepting and enjoyable place to gather.

Each of us has our own way to be close to our Lord in prayer and meditation and for many of us that closeness to God is most felt in our Light of Christ Sanctuary. This fall we want to again provide an opportunity where we can come to the Sanctuary to have private time with our thoughts, our prayers and our personal time with God.

Everyone planning time in the Sanctuary will be asked to utilize a **SignUp Genius** to select dates you choose to use the Sanctuary for personal meditation. Attached to the Signup Genius schedule is a drawing that denotes available Sanctuary seating – please select an available pew seat for your use during time in the Sanctuary.

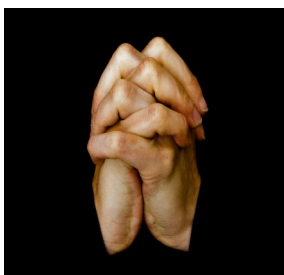
This time is meant for silent prayer for each person in the Sanctuary and social distancing is to be respected. Masks and COVID-19 compliance are required. Again, this is quiet time for thought, prayer and personal connection with God.



### Call on the Light of Christ Prayer Chain

*Then you will call on me and come and pray to me and I will listen to you. Jeremiah 29:12*

If you or someone you know is in need of prayer, please feel free to engage the Light of Christ Prayer Chain. Contact the church office either by email, which is preferred—([lochrist@frontiernet.net](mailto:lochrist@frontiernet.net)), or phone (763-972-2400; please keep in mind office hours are



currently limited to Wednesdays, 9:15-11:30 am) with your request, which remains confidential. The LOC Prayer Chain will pray for you as requested. Feel free to call on this team in your time of need. Anyone wishing to join the Prayer Chain should contact the church office.

## Caring Corner

*Created by Light of Christ  
Healing and Wholeness Ministry*



October is National Mental Health Awareness month. We want to call your attention to some resources that may help if you are struggling or know someone who is.

- **Myquietcave.org** is a faith-based website that seeks to connect you with safe groups for maintaining mental wellness and by providing tools and resources to help you manage your mental and emotional health.
- **NAMImn.org** is the National Association on Mental Illness in Minnesota. They provide a wealth of resources for education about the various mental illnesses, treatment, offer various online classes and support groups.
- **SAMHSA.gov**: help for those dealing with substance abuse and mental illness
- Crisis warmline available Mon-Sat 12p-10pm: 651-288-0400 or text "Support" to 85511
- Suicide Prevention Lifeline 1-800-273-8255 or Crisis Text line: text "MN" to 741741
- Call/email Light of Christ for prayer chain needs, meal train, or if you need to talk to Pastor Bruce.
- Check out the Mental Health Resource Center in the Narthex for various brochures. We also have many books soon to be available in a designated spot in the church library.

**Monday, October 26<sup>th</sup>, 7 - 8:30pm:** We are looking forward to our first support group targeting those of you who live with or love someone who is suffering from mental illness. Please call the church office to RSVP or if you have any questions and Terri will connect you with Sue Fink or Lona Jose. You can also just show up. We will be masked and initially gather in the Narthex.

**Attention everyone:** our Healing and Wholeness Ministry is currently in need of 2-3 new members. If you have a special interest in mental health, including mental well-being and self-care, please contact Sue Fink at 612-270-0172 or [billandsue2931@gmail.com](mailto:billandsue2931@gmail.com).

**Mental Health First Aid:** this is a 2.5 hour online independent study followed by an in-person class on Saturday, November 7<sup>th</sup> from 8am - 1pm in the Fellowship Hall. We invite and encourage all church staff and leaders and council members to attend. It would also be invaluable for anyone in education, law enforcement, medical care or first responders. Please email Sue at [billandsue2931@gmail.com](mailto:billandsue2931@gmail.com) to register. We have room for 10 participants.

Self-care  
is caring for someone  
who is deeply, immeasurably  
loved by God.

([MyQuietCave.org](http://MyQuietCave.org))



### *In-Person Worship Is Now Happening!*

We are now holding one indoor worship service every Sunday at **9:30 AM**. A SignUp Genius will be sent to members each week. Just a reminder that all members must sign up in order to attend, as seating is limited and on a first come, first served basis. We have made some changes to our sign up procedures. Congregation members do not have to pick their seat number. Our Worship and Music Director, Katie Kohler, will email you with your seat number and the sanctuary seating chart by Friday evening. As such, **please sign up for worship by Friday morning.**

The indoor worship will not replace our online services. We will continue to post online worship services on our **YouTube page** as well. As with the outdoor worship service, worship indoors will look a little different than previous indoor services, in order to comply with COVID-19 guidelines. We cannot accommodate more than 72 people. Make sure to sign up **ASAP** as all spots are first come, first served! More detailed information will be included in the weekly email sent out.

We are so excited to gather together again! Thank you in advance for your patience and cooperation as we navigate through all these guidelines. The safety of the whole Light of Christ family is and will always be of the utmost importance.



### **TRUNK OR TREAT!**

Light of Christ is hosting a Trunk or Treat Family Event on Sunday, October 25<sup>th</sup>! If you are not familiar with "trunk-or-treating", the premise is simple: people decorate the trunks of their cars with some sort of theme (not just limited to Halloween), set up in a parking lot, and give out treats to children. A "Boo Walk" will also be available for families to walk through. We have room for 15-20 trunks in the church parking lot and so please contact Catherine Borman or Jennifer Grant if you would like to volunteer to do a trunk or donate candy. Please use the link below to choose from 3 different time slots. 3:30-4:00 pm will be a drive-through only for those who prefer to stay in their cars. 4:00-4:30 pm and 4:30-5:00 pm are available for those who are comfortable with walking around. Costumes are encouraged, but not required (please refrain from ones that promote violence or horror since there will be young children attending).

**Come join us for a Spooktacular event!**

Click [here](#) if you would like to attend the event.

Click [here](#) if you would like to host a trunk or volunteer.

### **Connect and Converse during Zoom Bible Study**

**Sundays 6:30-7:30 p.m. via Zoom**

Come to explore what God's Word says for life today. Each week we take a portion of Scripture. All are welcome!

In order to get a Zoom link, email Tim Johnson at [tdale57@gmail.com](mailto:tdale57@gmail.com)

You may be as active in the discussion as you like. We all learn a little something from each other as we ponder the power and beauty and truth of God's Word.

### **START YOUR DAY WITH PRAYER & MUSIC**



Devotions are now posted on Mondays, Wednesdays, Fridays, and Saturdays. Member song requests will be featured in Saturday's devotions. Click [here](#) for the latest devotional

message. If you would like to submit your favorite hymn and how it has affected your faith journey, email Katie at [locworshipmus@gmail.com](mailto:locworshipmus@gmail.com).





## Sunday School

We have finished up our outdoor Sunday school lessons. God blessed us with beautiful fall weather so we could gather together outside. We learned about God's dream for Joseph, Genesis 41:15-40. We also played some fun games. The younger kids ran around playing "Scarf Tag" and "What Time Is It, Mr. Fox." The older kids played "Steal the Bacon," which is a basketball game. We will be moving to online Sunday school lessons as we enter the colder months. Please pray for our children at Light of Christ, that they can continue to grow in their faith with their families at home.



## Sunday School Update

Sunday school will be moving to a YouTube format where you can watch the lesson when it is most convenient for you throughout the week starting **October 25<sup>th</sup>**. We are offering a monthly supply packet that will include worksheets, craft supplies, family devotions, etc. If you choose to pick up the packet from church, it will have all the supplies needed for the Sunday school lessons for the month. If you would prefer instead to receive this information digitally, then you can opt to receive weekly emails with the links to print the materials from home. We hope that you will take this opportunity to sit down with your child(ren) and help them to grow in their faith by participating as a family. We want to stay as "connected" as possible with your child(ren) and their Light of Christ friends. We will continually work on coming up with ideas as to how we can gather together safely during the colder months. Thank you for your support and understanding as we continue to walk with you and your family among uncharted territory.

If you are registered for Sunday school, please click on this link by **Tuesday, October 20<sup>th</sup>**.

### Sunday School Supplies

There is still time to sign up for Sunday school, please click on this link to sign up.

### Sunday School Reg 2020-2021

## Spark

It was a windy beginning for 5<sup>th</sup> & 6<sup>th</sup> Grade Spark, but the kids were in good spirits despite the intense weather. They started out by devouring a special treat (a sugar cookie shaped as a pumpkin with orange sprinkles on top) in honor of National Dessert Day on October 14<sup>th</sup>. Then they divided into several teams and played "Bed Sheet Ping Pong," which consists of teams of two trying to roll a ping pong off a blanket into their opponent's zone. There were lots of screams and laughter as they tried to be the first to get to 10 points. After the large group game, the kids divided into two smaller groups and took turns playing outside with Pastor Bruce and doing a craft in the Fellowship Hall with Ms. Catherine. For the last 20 minutes, Pastor Bruce talked to the students about worries and stress. He had them write all their worries on one side of an index card and then a prayer to Jesus about the worries on the other side. The kids learned that God gives us strength during difficult times and He invites us to pray to Him when our circumstances overwhelm us. Hopefully, the kids won't need the stress balls that they made, but they're available to them if they do - just like God is always there to relieve stress for us. Fall Spark concludes on 10/21.





## HS Fellowship

Youth in grades 9-12 are invited to join us weekly for HS Fellowship at church. We will have a bonfire, s'mores, games and more! Currently, this is taking place on Sunday evenings from 7:00-8:30 pm but we may switch to Wednesdays at some point. Make sure to share any feedback with Kirsten. We will continue to gather in person as long as Delano HS is doing the hybrid model. Kirsten also has a Snap Chat group which she uses to update the HS youth. Let her know if you want to be added to this group. Hope you can join us!



## Confirmation Fellowship

We will be having grade-specific bonfire fellowship events this fall for Confirmation-age youth. We hope kids will join us for a bonfire, s'mores, volleyball and Gaga ball on Sunday nights from 6-7 pm! Youth must sign up in advance.

✠ **October 25 - 9<sup>th</sup> grade—[click here to sign up](#)**

If weather doesn't permit us to be outdoors, we'll be in touch about rescheduling. Hope you can join us!

## Confirmation Continues this Fall

After 4 weeks of great outdoor fellowship and Service Events, small groups are now beginning their first learning unit on the "Bible's Big Story". Pastor Bruce and Kirsten will lead a large group time each Wednesday from 6:30-7 pm via Zoom, teaching about important foundational, faith stories. We have 9 small groups total this year and each week, half of our groups will meet at church (following our Covid Preparedness Plan) and the other half will do break-out groups on Zoom and then will alternate each week. We will continue this plan as long as Delano High School is doing school in a hybrid fashion. If the school switches to full distance learning, our Confirmation ministry will follow the same format and meet solely via Zoom. Thank you for your continued prayers and support during this unprecedented time!

## Unwanted School Supplies

I was having a conversation recently with some parents about what they do with leftover/extra school supplies. I know we all have a lot of opened or partially used supplies at home that could still be used instead of thrown away (notecards, markers, pens, colored pencils - however, we do not need any crayons). Please keep us in mind and email our CYF staff if you have something that you think could be donated. Thanks for your partnership in ministry! -Kirsten Kelly



## How You Spend Your Money Makes a Difference!

Do you drink coffee or tea? Eat chocolate, nuts or dried fruit? Did you know that the Light of Christ high school youth sell Equal Exchange products, even during COVID? If you've never heard of Equal Exchange (EE), here is a [short video](#) about why EE purchases are important. Each purchase supports small farmers around the world (and now more than ever, we need to be supporting these small family-owned farms, which are struggling to survive) as well as our youth right here at Light of Christ! Order through our [online store](#) and have them delivered to your house **FOR FREE** (or to a friend to brighten their day)! You can make difference with your purchases!



## Masks and T-Shirts for Sale

Staff had extra Light of Christ masks and t-shirts made and they are available for sale on our [online store](#). Masks are \$5 each and shirts are \$10. Shirts are available in youth sizes XS through XL. After you place your order, payment can be made [online](#) or when you



pick up the item/s. The office is open Wednesday mornings from 9:30-11:30 or Sunday afternoons from 3:30-4.