



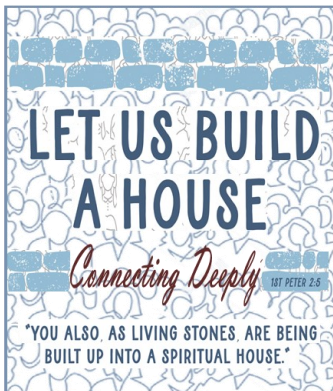
Worship

- In-person worship—
9:30 AM Sundays
- Online worship
continues, and is live-
streamed to our
[YouTube](#) and
[Facebook](#) pages



Church Council 2024

Mike Boyack (vice pres.)
Laurie Brown (sec'y.)
Billie Chock
Tim Current (treas.)
Heidi Goldbeck
Luke Jeseritz
Lisa Krause
Natasha Werner (pres.)
Jon Wissink
Pastor Bruce Kuenzel



Contact us!

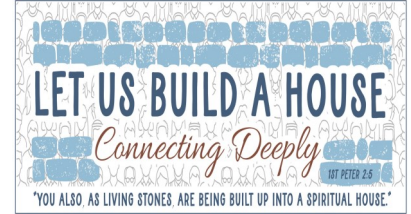
Light of Christ Lutheran
3976 County Line Road SE
Delano, MN 55328
(763) 972-2400



LightOfChristLutheran.com
Terri.Reuter@locdelano.com

Let Us Build a House/Connecting Deeply Capital Campaign Update

Our fundraising efforts are showing remarkable progress—thank you! We have received 56 pledges and gifts, amounting to \$205,430, for the various initiatives we aim to achieve at Light of Christ. If you have not yet submitted a pledge card, your contribution can help us achieve even more. Together, we can align our faith and resources to enhance our church campus and facilities, further supporting our ministry and community.



Pledge cards can be found in the pews and the narthex. Additionally, extra appeal brochures are available in the large white envelopes in the narthex if you require one.

Deepening our connection with each other and with God remains our highest priority. Your presence, faith, and generosity significantly contribute to the mission and focus of our shared ministry.

Annual Church Picnic

Join us for fellowship and fun at the Church Picnic on Tuesday, June 11 from 6:30-8:30 PM! We will be serving dinner in front of the church. Let us know how many will be attending! Picnic food will include chicken, potatoes, coleslaw, and bread catered by Coborn's. All you need to bring is a lawn chair and your appetite! Sign up on the SignUp Genius link here if you can attend!

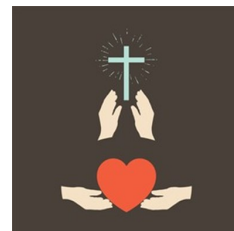
<https://www.signupgenius.com/go/5080D48AFA729A1FF2-49704117-church>



Caring Corner

(from Sue Fink of the Healing & Wholeness Committee)

31 Days, 31 Ways, 2 Pray 4 Families, Days 19-25



Families who walk alongside their loved ones in the labyrinths of mental illnesses are often hesitant to ask for prayer. They might feel others will judge them or their loved one, offer uninformed advice or initiate the gossip chain. But friends who observe or are aware of their journey don't necessarily need specific details to pray effectively.

Families need God's provision for themselves and their loved ones in these areas:

Day 19. Guilt. Second-guessing decisions, revisiting the past and taking on some level of blame for a loved one's mental illness are haunting companions for caregivers. *Pray for relief from these internal accusers. Pray family members will be able to rest in the comfort of a God who knows, who understands and who pours out His redemptive grace.*

Day 20. Recognize triggers. Episodes of mania, depression or psychosis don't just randomly appear. They are usually triggered by an event, stress, change in routine or medication. *Pray families can help their loved ones identify their triggers and have a good plan for dealing with possible scenarios in healthy ways.*

Day 21. Boundaries. Mutual respect, personal space, interaction intervals and financial support are just some of the areas of life in which caregivers must "draw the line" to create a healthy environment for themselves and their loved one. However, in a family unit, some members may need to set their own boundaries differently than others in the family. *Pray for wisdom in defining boundaries and consistency in keeping them. Pray for understanding and respect within the family when members have differing perspectives.*

Day 22. Discernment. There is no one right way to help a loved one who is dealing with depression, mania or psychosis. The volatile nature of some mental health conditions means that what was helpful yesterday may not be accepted today. Families have to continually assess their loved one's moods, cognitive capacities and medication compliance. *Pray they will be able to understand the factors at play so they can make good intervention plans.*

Day 23. Reasonable expectations. Caregivers must continually adjust their expectations of their loved ones who struggle with mood swings and daily stressors. Exercising forbearance when more sleep is needed, when social interactions are difficult or when irritability is acute can be supportive and loving. *Pray for family members to discern the need of the moment and respond with wisdom, compassion and grace.*

Day 24. Impact on job. The unpredictable nature of some mental health conditions means that family members often miss work as they tend to their loved ones in crisis. *Pray that caregivers will find support from their employers and flexibility in their jobs. Pray for good contingency plans and that others will be willing to help when needed.*

Day 25. Endurance. Because there is currently no cure for major mental illnesses, families look at a future of lifelong caregiving. Emotional, spiritual, mental and physical stamina are required, as is ongoing agility to adjust to the ever-changing moods and needs of loved ones. *Pray for family members to find a sustainable pace with opportunities to rest along the way. Pray for daily refreshment and peace.*

Be a Love INC Ambassador

Are you passionate about your church? Does the Love In the Name of Christ ministry excite you? Then you would make a great ambassador! Sign up to learn more at bit.ly/loveincamb or call our main office at 763-972-6547.

Serve a Meal at Fresh Start

Serving a meal at Love INC Heartland's *Fresh Start Program* is a simple, impactful way to show the love of Christ. We have multiple openings to fill from May-July. Sign Up On Meal Train: bit.ly/fsmeals23



**The church office
will be closed on
Fridays through
August 30th.**



May Is Mental Health Awareness Month

As we go through May, we will be sharing the “31 Days, 31 Ways, 2 Pray 4 Families” prayers. You’ll find this week’s prayers in this issue’s Caring Corner and printed on green

paper at the usher station, the full 31-day packet available in the Narthex, and daily [Facebook](#) posts with the prayer for each day through May. Also check out the newly reorganized Mental Health cabinet in the Narthex near the sanctuary entrance doors. And, we want you all to be reminded and encouraged to use the ["Support/Mental Health" webpage of the LOC website](#). Please check it out so you're aware of the information and resources available when you need it.

Funeral Committee/Coordinator

We are looking to form a Funeral Committee, with the need for a main point person to serve as the funeral coordinator and 4-6 people on the committee. We would also compile a list of volunteers who could be called on to sign up for a shift to help set-up, serve the meal and clean-up after funerals. An informational binder will be provided for the committee to reference, so they know what all is needed for the funerals. This is a fairly low time commitment, with typically only 4-6 funerals a year, and a 2-year committee term. If you are interested, please contact the [church office](#) and your name will be passed along.

Donate from Your Smart Phone

Light of Christ offers a mobile version of our online giving page to make it easy for you to give anytime from your smart phone. Simply scan the image you see here using your phone's QR code reader or go to the [church website](#) and locate the online giving page.



CHILDREN, YOUTH & FAMILY NEWS

Summer Youth Activity Nights!!

Put these dates on your calendar (3rd Monday of each summer month)! These nights are free and friends are welcome! A sign up link will be sent closer to the date.

- **June 17**
- **July 15**
- **August 19**
- Completed **grades 6-7 from 7:00-8:00 PM;**
completed **grades 8-12 from 8:00-9:00 PM**



CHILDREN, YOUTH & FAMILY NEWS



On Sunday, May 12th the children at Light of Christ (3 years-6th grade) had a farewell time for Pastor Bruce. Several of the grades did a “by grade” presentation and then as a finale, a special gift was presented that all the students had opportunity to participate in making. Thank you to the CFM Team for providing muffins and more.

The 1st graders (known in their small group as the Oreos) made Pastor Bruce his very own “TEAM OREO” sign board to wear, making Pastor Bruce an official “honorary” member.



The 1st and 2nd graders combined to put together a booklet filled with words/phrases for each letter of *PASTOR BRUCE* .

CHILDREN, YOUTH & FAMILY NEWS



The 2nd graders decided to gift Pastor Bruce with a basket of decorated rocks so that he will always remember them.



The 3rd grade girls (known in their small group as the “Swiftly Stars”) transformed Taylor Swifts’ song “You Belong to Me” to fit Pastor Bruce and them and sang it for him.



The 4th graders did a large *We Will Miss You* poster as well as cards that say P A S T O R B R U C E on one side, and *We will miss you* on the other.



All the students 3 years through 6th grade each did a 5-inch square for a special keepsake quilt. Each square has a picture, memory, or special word of thanks on it. (The kids want to give a special *thank you* to Maxine Johnson for the sewing and quilting!)



Thank you, Pastor Bruce, from the Explorers, Voyagers, and Pathfinders. We will miss you!

make a splash this summer!

JOIN US FOR A
SPLASH-TASTIC VBS ADVENTURE!!!

SUNDAY, JULY 28th - WEDNESDAY, JULY 31st

5:15pm - 8:00pm

LIGHT OF CHRIST LUTHERAN CHURCH

<https://lightofchristdelano.breezechms.com/form/ScubaVBS.859fd88245>

