

Worship

- **Indoor worship—9am Sundays**
- **Outdoor worship—6:30pm Wednesdays, weather permitting**
- **Online worship will continue and will be posted on the [church website](#).**



Church Council 2021

Steven Dickey
Carmen Hanson
Jennifer Hinker
Jon Holzer
Derek Horeis
Elizabeth Kohlhof
Tom Sebelien
Lisa Spencer
Stacy VanCura
Pastor Bruce Kuenzel

The Marks of Discipleship

- † **Pray daily**
- † **Worship weekly**
- † **Read the Bible**
- † **Serve at or beyond Light of Christ**
- † **Relate to others for spiritual growth**
- † **Give of my time, talents and resources**

Contact us!

Light of Christ Lutheran
3976 County Line Road SE
Delano, MN 55328
(763) 972-2400



LightOfChristLutheran.com
Terri.Reuter@locdelano.com

The Great Thing About Giving...

I often think of the benefits of my giving in terms of the value I gave or the value I saw when it was done. While that value is certainly a portion of the benefit, you may never know the full extent of how your giving (be it time, talents, or financial contributions) may impact those around you. What to you may seem simple or almost unnecessary may be just the thing someone else needs to brighten their day or help them through a difficult situation.

Hebrews 13:16 - *"Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God."*

- Jeremiah Werner, Stewardship Committee



Free Fresh Produce and Dairy

Sponsored by NourishingHOPE Food Drop and Second Harvest Heartland

Boxes of fresh produce and dairy products will be available for drive through pick up on a first come, first served basis. All are welcome

MONDAY, July 12th
4pm—until gone

Locations for pick up

Corcoran

St. Thomas Catholic Church parking lot

Delano

Light of Christ Lutheran Church parking lot

St. Michael

New Alleluia Lutheran Church parking lot

Rockford

Our Father's Lutheran Church parking lot

Buffalo

Buffalo Covenant Church parking lot

Appropriate distancing and COVID mitigation practices will be employed

We received this thank you for our donation of \$489.48 to help fight child hunger. This money was collected from Sunday school offerings and donations made by members this past spring. Thanks to you, this money will help get meals to over 550 schools across MN and close food gaps for children over the summer.



EVERY MEAL
FIGHTING CHILD HUNGER

Friends,
Thank you for your recent gift to Every Meal! Your support is more important than ever. Please let me know if you'd be interested in touring our warehouse. Thanks! Charlie

info@everymeal.org | 2723 Patton Road Roseville, MN 55113 | www.everymeal.org | 612-568-4003

THANK YOU!

The thank you below was received from Nourishing Hope, a ministry of Our Father's Lutheran Church in Rockford, for our donation of \$7500 towards the purchase of a refrigerated truck to be used for the monthly food distributions. These funds came from the Light of Christ capital campaign and endowment fund.

Dear Light of Christ—

Nourishing Hope in Rockford sincerely thanks you for your generous contribution to the purchase of the refrigerated truck. It will help preserve produce for each drop.

***Sincerely,
Sandy Ziegler
Board of Directors***

Delano Food Shelf

Thank you to those Light of Christ members who volunteered at the food shelf this last month including Dave Anderson, Don Anderson, Cheri Ashfeld, Dee Beilke, Roland Carlson, Val Donahue, Maxine and Lowell Johnson, Charlie and Lona Jose, MaryAnn McKay, Sally and Dan Torfin, Bill Weis, and Beata Zerull. You all make a difference!! **December** will be the next LOC month for volunteering at the food shelf although there are LOC members who assist the managers with tasks throughout the week. Thank you also to JoMarie Williamson for being one of three who do an excellent job of managing the food shelf. Everyone is excited for the food shelf's move in July to its new location in the building across from the Delano Senior Center. It's beautiful!!

Love INC Happenings

- **Back to School Bash** is on **August 18th** where we give away school supplies to families in need. You can sponsor a child for \$50 or donate school supplies to Love INC-Heartland. Financial donations or supplies are welcome. Donate online at LoveINCHeartland.org.
- Save the date: **September 20th** is the **Love INC-Heartland Golf Tournament!** Watch for more details to come.
- Love INC-Heartland is looking for a **Family Advocate**, a part-time paid staff position. Contact director@loveincheartland.org for more information.
- Seeking volunteers for our thrift stores in Delano and Howard Lake, Board Members from the Dassel/Cokato area, and volunteers with professional marketing experience to serve on our Communications/Marketing Team.

Thank you so much for your support of Love INC-Heartland!

Caring Corner

(by Julie Wischmann with
LOC Healing and Wholeness Committee)



Since its inception in 2015, International Day of Yoga is celebrated annually on June 21. An international day for yoga was declared unanimously by the United Nations General Assembly (UNGA). This year, the 2021 theme was "Yoga for Well-Being." This couldn't be any more relevant as the COVID-19 pandemic has exacerbated psychological suffering and mental health problems.

According to a recent published article in the Harvard Review: "A regular yoga practice appears to correlate with increased wellbeing, including better sleep, better body awareness, weight loss, and greater happiness. By improving mindfulness, it simultaneously helps to boost compassion, gratitude and "flow" states, all of which contribute to greater happiness. Early evidence suggests that yoga may even slow aging on the cellular level, perhaps through its stress-busting effects."

As a Christian, yoga has enhanced my spiritual journey, giving me tools to connect with God on a deeper level. The most taught ethical standards of yoga revolve around Yamas & Niyamas. These are ways of acting and abstaining, which create a moral life:

Yamas:

Ahimsa = Nonviolence

Satya = Truthfulness

Asteya = Non-stealing

Brahmacharya = Non-excess

Aparigraha=Nonpossessiveness

Niyamas:

Saucha = Purity

Santosha=Contentment

Tapas = Self-discipline

Svadyaya = Self-Study

As we examine these ethical standards (the first two limbs of the eight-limbed path set forth by Patanjali), they follow closely the teachings of Christ.

There is a bridge between Christian faith & the practice of yoga. If you are interested, I encourage you to read "Yogadevotion: Practicing in the Presence" written by Cindy Senarighi & Heidi Green. Cindy is an ordained pastor in the ELCA and had a 25-year career as a psychiatric nurse. Heidi is a cancer survivor, retired from a 20-year career in public policy & currently has a lay healing ministry in the Episcopal Church.

Foster a Teen

Wright County has an **IMMEDIATE** need for foster providers willing to care for teens. Orientation is now offered online. Please contact Marisa Ferguson at 763-682-7484 or Marisa.Ferguson@co.wright.mn.us

Youth Room Remodel Update

This week there haven't been many major changes but progress is being made little by little! Here's what's new:

- Light fixtures have been installed in half of the large space (much more to come on the lighting front!)
- Wood shiplap was installed (and donated) by Brandt Dinger on the small wall where the TV and stage will be.

Over the next few weeks there will be minimal updates (and work done) as we approach the busy weeks of the HS Mission Trip to Denver and Vacation Bible School. Thanks for your continued prayers and support!



Please note: Terri in the church office will be on vacation the **week of July 19**. The building will be

open during VBS hours that week: Monday—Thursday, 9:00am—2:30pm. If you would need assistance during that time, please be patient, as staff will be busy with VBS activities but will help as they are able. Thank you!

Also, there will not be a July 26 Beacon issue published.

Quilt Auction at Green Lake Bible Camp

The 37th Annual Green Lake Lutheran Ministries Quilt Auction will be held on July 23 & 24 at Green Lake Bible Camp! Enjoy a variety of quilts and handmade items, Silent Auction and fresh doughnuts, with a hotdish supper and beachfront concert on Friday, and the auction and a pulled pork lunch on Saturday. Online bidding available as well!



Proceeds from this event support our Annual Fund which allows us to provide fun, safe, quality, Christ-centered camping and retreating opportunities for people of all ages. Learn more at www.gllm.org/quilt-auction



We are asking for our Light of Christ members to help us come up with a new name for the youth room! The vision for this room, once it is completed, is to be a community room for us all to use. If you have any great name ideas, please email them to [Kirsten](mailto:kirsten@lightofchrist.org). We are excited to hear the creativity from our members!

2 Volunteers Needed Each Sunday Morning

Please click [HERE](#) to sign up for greeter/usher duties this summer!



Summer Bible Camp!

Last week, 7 youth (and friends) from Light of Christ attended Bible camp at Lake Wapogasset in Amery, Wisconsin. The kids had a great week!

We also have 8 youth attending Wapo the week of July 25. If you are still interested in signing up to attend camp this summer, please contact [Kirsten](#) or [LaDonna](#)...*it's not too late!*



Where Is Flat Jesus?

LaDonna & her husband, Jewel, were flying high with Jesus to a beach on the Pacific Ocean. Where else has he been? Please send in your pictures to [LaDonna](#) or [Terri](#).



Summer Fun Days!

Youth are invited to join us after Wednesday outdoor worship on specific days for some time of fun and fellowship! When we meet we'll have games, snacks and a bonfire. We hope your child/family will also join us for worship on these days (and each Wednesday this summer)! Below is the schedule. Youth do not need to sign up in advance and friends are always welcome...hope you can join us!

<u>Date</u>	<u>Time</u>	<u>Completed Grade</u>	<u>Notes</u>
Wednesday, July 21 st	7:30-8:30 pm	6 th grade	We'll have a short service project also so you'll get an hour of service too!
Wednesday, August 11 th	7:30-8:30 pm	6 th & 7 th grade	We hope to have Confirmation groups formed to share with incoming 7 th grade!



Summer HS Fellowship/Bonfires

This summer we'll have a monthly fellowship event for HS youth on Wednesday nights (schedule below). Hope you can join us for a bonfire, volleyball, food and fun!

- **Wednesday, July 21st**, 8:30-9:30 pm
- **Wednesday, August 11th**, 8:30-9:30 pm (this night will be a "welcome to HS" event for incoming 9th graders)