



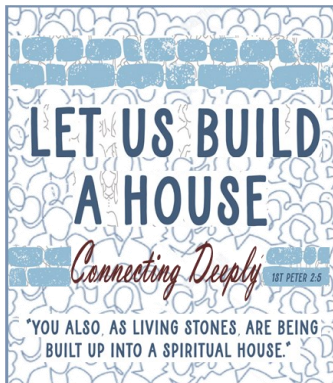
Worship

- In-person worship—**9:30 AM Sundays**
- Online worship continues, and is live-streamed to our [YouTube](#) and [Facebook](#) pages



Church Council 2025

Laurie Brown (sec'y.)
Billie Chock (pres.)
Tim Current (treas.)
Pat Czock
Brandt Dinger
Heidi Goldbeck
Luke Jeseritz
Lisa Krause (v. pres.)
Ryan Tool
Pastor Tim Wheatley



Contact us!

Light of Christ Lutheran
3976 County Line Road SE
Delano, MN 55328
(763) 972-2400



LightOfChristLutheran.com
Terri.Reuter@locdelano.com



NourishingHOPE

Free Fresh Produce and Dairy

Monday, March 10th
4:00-5:00 pm

Boxes of fresh produce and dairy products will be available for drive through pickup on a first come, first serve basis at the following locations:

Corcoran

St. Thomas Catholic Church
20000 County Road 10
Corcoran, MN 55340

Rockford

Our Father's Lutheran
3903 Gilbert Ave SE
Rockford, MN 55373

Hanover

Influence Church @ City Hall
11250 5th Street NE
Hanover, MN 55341

Delano

Light of Christ Lutheran Church
3976 County Line Road SE
Delano, MN 55328

Buffalo

Buffalo Covenant Church
1601 Highway 25 North
Buffalo, MN 55313

Maple Grove

Rice Lake Bible Chapel
8801 Rice Lake Road
Maple Grove, MN 55369

For assistance locating a specific site or for questions, please contact us at

NourishingHOPE is a ministry of Our Father's Lutheran Church, in cooperation with area churches. Our vision is to relieve area food insecurity and promote wellness in mind, body, and spirit for people East-Central Wright County. For information on you or your organization partnering with NourishingHOPE, please visit our website at www.ourfatherschurch.org/nourishing-hope.html

"Let us not love with words or speech but with actions and in truth." 1 John 3:18

Connecting with Our Neighbors

Each month, *Light of Christ* shares food and kindness with our community as part of *Nourishing Hope's* network of six churches. We distribute nearly 100 food boxes—no sign-ups, no qualifications, just a warm welcome.

On the second Monday of each month, our *Truck Bosses* pick up a trailer, load collected empty boxes (thanks to our friends at the liquor store who call us the *Happy Church* ☺), and deliver them to *Our Father's Lutheran* in Rockford. There, volunteers from six churches pack about 700 boxes with fresh produce, dairy, and more before reloading them onto trailers for distribution. In the afternoon, volunteers gather at *Light of Christ* to unload, sort additional items (like milk), and prepare for distribution. Before opening, we pause for introductions, scripture, and prayer. As we serve, we collect basic info from recipients and offer prayer cards. Our volunteers are a true blessing, sharing not just food but kindness and care. At day's end, we pray over the submitted prayer concerns before passing them to *Pastor Tim* so our whole church can lift up our neighbors in prayer. You're invited to serve! Sign up at links below:

- 10:00 AM Food box packing. Our Father's Lutheran in Rockford. Sign up here: (<https://www.signupgenius.com/go/30E0848A9A72AAAF85-food>)
- 3:30 PM Food distribution. Here at LOC. Sign up here: (<https://www.signupgenius.com/go/30E0848A9A72AAAF85-food1>)



Next Distribution: **March 10th**

Your time, talent, and treasure make this ministry possible—thank you!

HEALTH & WELLNESS OPPORTUNITIES

Calm your spirit. Get in touch with your inner self to make room for more Jesus!



On **Thursday, March 27th, at 7 PM**, your Healing and Wholeness Ministry is planning a Meditative Yoga Hour with LOC member and longtime yoga instructor, Julie Wischmann. You'll be pampered with a gentle candlelit environment, prayer, and soft music as you do breath and yoga exercises. Healing refreshments will be served, such as infused water and teas. This event is open to all adults, 18 and over. This will be a very special, spiritual session as we strive to make a conscious effort to draw nearer to God during Lent and to calm our hearts and minds amidst our daily stress and anxiety.

[Please sign up here](#) by **March 25th** so we can prepare the space. We anticipate using classroom 101 unless we have a large group. Plan to wear comfortable clothes, bring your towel or yoga mat and prepare to unwind, refresh, and breathe into the love of Jesus.

Classes for Parents of Youth

As chair of the Healing and Wholeness Committee, I (Sue Fink) want to share some of the great classes offered by NAMI MN (National Alliance on Mental Illness Minnesota). These classes are specific for parents of youth and are ZOOM classes so perhaps you can give these a try from your own home or computer. There is a current calendar with all the classes offered on www.namimn.org and some great education and resources, too.



Lunchbox Talks: 30 minute online conversations

Have you ever wished that someone would give you one solid skill that you could use with your child right now? Well, here it is. Join us for a 30 minute conversation that will focus on one practical skill each month for parents and caregivers that can change the trajectory of your relationship with your child. Included in your time with us, you will receive a brief introduction to the skill, be offered hands-on practice, and be provided resources to support you.

Time: 12:00 – 12:30 PM

- Wed, April 2: How to Really Listen to Your Child
- Wed, May 7: The Power of Validation
- Wed, June 4: Empowering Kids through Boundaries
- Wed, July 9: De-escalating Intense Emotions
- Wed, Aug 6: Accepting the Way Things Are
- Wed, Sept 3: Building Family Wellness
- Wed, Oct 1: Supporting Kids Struggling with Executive Functioning
- Wed, Nov 5: Don't Forget About Self-compassion
- Wed, Dec 3: Building your Team

[Click for Zoom registration link](#)

Transitions

Learn how to help your teen or young adult access resources to succeed in school, employment and independent living. Understand the rights young adults gain when they reach 18 and how to help guide them if they are not ready for total independence. This class is for parents or caregivers of youth or young adults.

- Thursday, March 27, 2025: 6:30 – 8:30 PM

[Zoom Registration Link](#)

Understanding Early Episode Psychosis for Families

Learn about the signs and symptoms of psychosis, causes, treatment options and why early intervention is so important. Participants will learn how to advocate for and help a young person get back to work or school and achieve recovery. This class is for parents or caregivers of youth or young adults.

- Thursday, April 3, 2025: 7:00 – 9:00 PM

[Zoom Registration Link](#)

You're the Expert

This class stresses the value of parent engagement and advocacy to ensure the best care and treatment for your child in the doctor's office, the mental health system, and in public education settings. We focus on self care so parents and guardians can effectively advocate for their loved one in all settings.

- Thursday, May 22, 2025: 6:30 – 8:00 PM

[Zoom Registration Link](#)



Help Us Provide Food For Friends

What's Needed

BBQ sauce and other sauces
Coffee and Tea
Tomato products
Jarred Pasta Sauce
Pasta (They get lots of elbow and spaghetti)
Cereal (Children's cereals are popular)
Canned beans and meats

Pickles and olives
Hearty Soups (they get lots of chicken noodle and tomato)
Menstrual Products
Paper Products (especially tissues and napkins)
Household Cleaning Products

No expired food, please.

When and Where

We'll be collecting food through March 30. You can drop off your donation on the tables at the front of the sanctuary.

Is a Monetary Donation Okay?

Absolutely! You can contribute cash, check or donate electronically at delanohelpinghands.org/donate. Checks can be made out to **Delano Helping Hands**.

Thanks for Your Support!

Provide A Meal At Fresh Start Program

Build community by serving a meal at Love INC Heartland's Fresh Start Program!



Openings In April
Sign Up Today!
bit.ly/fsmealtrain



love
INC
Heartland



Our 2024 Impact

LOVE INC HEARTLAND



160
Initial Contacts



6,633
Needs Met



150
Class Sessions

youtube.com/@loveinchl

EXTRA SHOES?



Be a part of a good cause
and donate them!



Recycle



Re-use



Raise money

Drop your lightly used sneakers here!

600 million
people don't
even own a
pair of shoes

200 million
pairs of shoes
end up in the
landfill each
year

30-40 years
for shoes to
decompose

Shoe Collection/ Recycling!

The youth are again collecting old sneakers to be recycled and to raise funds for their summer trips. A minimal amount of money is raised, but more importantly, the shoes dropped off are recycled and then don't sit in a landfill! The shoe collection bin will be in the Narthex through **Sunday, March**

23rd and then be moved to the Fellowship Hall area... where it'll be located year-round for collection now. Thanks for supporting our youth and for helping our environment at the same time! This project is being done through [Got Sneakers](#). (Note: this project is being coordinated by Anneka Zaun for her National Honor Society project. Anneka went to Chicago last summer and is attending the N. Shore mission trip this summer!)

March Fifth Sunday Offering



In March our LOC Fifth Sunday offering will go to Second Harvest Heartland that provides food to the Delano Food Shelf and LOC's Nourishing Hope Food Distribution. **Second Harvest Heartland is one of the largest, most efficient and most active hunger-relief organizations in the nation** located in Brooklyn Park. As a food bank, they provide low cost or free food to food shelves, schools, community centers and other organizations in MN and western WI. Currently, they support over 1,115 organizations and more than 1,000 food shelves. Nearly 2/3 of the food they provide is fresh including meat, produce, bakery and dairy. Last year, they provided 128 million meals. For every \$1.00 donated, they can provide 3 meals to hungry neighbors. We are looking forward to providing food to as many Minnesotans as possible through our LOC Fifth Sunday donation. There is a link on our [LOC website](#) under the "Give" tab for donating. You can also donate by check or cash, specifying it for "**Fifth Sunday**" and placing it in Sunday's collection plate or sending it to Terri in the office. **THANK YOU FOR YOUR DONATION!!!**

Thriving Through Your Time & Talents

Short-term ways to serve—choose what fits your schedule!

Name & Phone: _____

Sunday Morning (Less than 2 hours every 1-2 months—pick your date via SignUpGenius!)

- ☐ **Altar Guild** – Prepare, serve, and clean up communion (training available, great for kids!)
- ☐ **Coffee & Treats** – Set up and serve after worship
- ☐ **Tech Team** – Operate soundboard or livestream camera (training provided)

Virtual Volunteering

- ☐ **Altar Guild Coordinator** – Manage SignUpGenius (2 hours/year)
- ☐ **Outreach Caller** – Connect people with volunteer opportunities
- ☐ **Creative Support** – Design posters, signs, or newsletter content

Additional Ways to Help

- ☐ **Donate** – Purchase non-perishables for our Food Distribution backup
- ☐ **Clean** – Wash a set of windows in the Narthex or Fellowship Hall
- ☐ **Serve** – Help with **Food Distribution Setup** on April 14 at Our Father's Church (7 AM)

☒ **Drop this form in the tray in the Narthex or email your choice to Tim at**

tim.johnson@locdelano.com

Thank you for sharing your gifts!



New Bible Study: "Unshaken – Trusting God in an Anxious World"

Life is unpredictable. Stress, fear, and uncertainty can shake even the strongest among us. But God calls us to something deeper—a faith that is steady even in life's storms.

Join us for "**Unshaken: Trusting God in an Anxious World**," a six-week Bible study designed to help you grow in **trust, peace, and connection with others**. Whether you're **new to faith** or have been on this journey for years, this study will offer meaningful insights, biblical wisdom, and practical steps for handling worry with confidence in God.



 **Thursdays | Two Session Options**

 **9:30 – 10:45 AM** or **7:00 – 8:15 PM** (*Timeframe allows for flexibility*)

 **Light of Christ Lutheran Church**

 **Facilitated by Tim Johnson**







 **Email: tim.johnson@locdelano.com**

 **Starts March 20th** (8 PM on M. Thurs. and skipping April 24th)

What to Expect:

Each week, we'll explore real-life fears and anxieties—fear of the unknown, feeling overwhelmed, self-doubt, and more—through **Scripture, discussion, and faith-based practices**. While taking the entire study will be most beneficial, each session stands alone, so come as you can!

Topics Include:

-  **When Worry Takes Over – Trusting God and Leaning on Others**
-  **Fear of the Unknown – Walking by Faith Together**
-  **When You Feel Overwhelmed – Finding Peace in God and One Another**
-  **Facing the Fear of Failure – Confidence in Christ, Strength in Community**
-  **Fear of What Others Think – Living for an Audience of One, Supported by Many**
-  **Overcoming Spiritual Anxiety – Resting in God's Love and the Family of Faith**

This is a **free study** open to all—**partners at LOC, friends, and visitors**. Great for those new to the faith!

 **Sign up in the Narthex or email Tim Johnson (tim.johnson@locdelano.com)** so we can plan for space and participant booklets.

Let's learn together how to **trust God more deeply and live unshaken!**

Order Your Easter Flowers

Honor or remember a loved one with Easter flowers and help decorate the sanctuary for our Easter services. Click [here](#) to place your order. Deadline to order is **Sunday, March 23rd**. Thank you for beautifying our church!



Sign Up to Serve a Lenten Supper!

Lenten suppers will be served prior to each Wednesday Lenten service from March 12 through April 9. **Groups and/or individuals are invited to serve a Lenten supper.** A sign-up sheet is posted on the bulletin board in the office area; or you can contact Terri in the church office. A free-will offering taken at each meal may be used for a cause designated by the meal's hosts.



THE HOOT NEWS for March from Sue Fink



Our pizza party and game event in February was well attended and we had so much fun as we are getting to be very special friends. We welcome newcomers anytime!

On **Tuesday, March 18th** (note the change from our usual every third Thursday), we are going to meet for lunch at the Delano Senior Center at noon. After a delicious lunch prepared by the chef of the center, we will have an introduction to all the activities that take place every week. Nick Neaton, the director, plans to share info along with leaders of other groups that meet. The Senior Center offers so many activities, classes, games, and outings but sometimes we are reluctant to try out something unfamiliar. Let's do this together!!!!

We will need to let Nick know **by March 14th** how many of us to expect, so they can plan for enough food, so please sign up with Sue Fink: billandsue2931@gmail.com.

Next, on **April 24th** (again, note the change in week due to Holy Week), we are going to have a "Lunch and Learn" event in the Living Room. We'll start at noon with a Subway sandwich lunch and at 1PM we have 2 speakers scheduled. Andrea Karels, with Iten Funeral Home, is going to offer information on end-of-life/funeral planning. She is also enlisting a lawyer-friend from Buffalo who will speak on financial planning, "getting your ducks in a row," so to speak. We'll also have information on LOC's columbarium and new funeral reception guidelines. Should be a very informative day!

In May we will have our *first summer outing (yay!)* -- either a fun show or field trip, *to be determined soon*. If you have any fun ideas, please let your OWLS planning committee members know: Lona Jose, Jewel Ekern, Laurie Grimm, Sue and Bill Fink.

Hebrews 10:24-25 "And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some but encouraging one another, and all the more as you see the Day of the Lord drawing near."



Follow us on Instagram!

Check out our new Instagram page! Our handle is [@delanolightofchrist](https://www.instagram.com/delanolightofchrist). Scan the QR code to get directly to the page.



Lenten Worship

Weekly Wednesday
Lenten worship begins on
March 12th at 7:00 PM
and will incorporate the

Holden Evening Prayer service, as well as feature the 10th graders' faith statements. A meal will be held at 6:00 PM before each service (**provided a group signs up to serve each week**). The Children & Family Ministry Team will be serving soups on March 19th.

LIGHT OF CHRIST CHURCH

Paint night



JOIN US ON APRIL 3RD FOR A NIGHT WITH THE LIGHT OF CHRIST WOMEN'S GROUP.
THE FUN STARTS AT 6:30PM IN THE DOWNTOWN SOCIAL (OLD LUPINE) BUILDING.
CHOOSE FROM THREE DIFFERENT PROJECTS TO CREATE. COST \$30

REGISTER AT WWW.STUDIO527MN.COM OR
CLICKON THE QR CODE



Upcoming LOC Sisters & Community Life event

Please sign up using the QR code in graphic above or at this link: <https://www.studio527mn.com/collections/adult-workshops>

Please Support the Youth with an Auction Donation!

Our youth are currently looking for donations for our online auction taking place on **Sunday, March 16th**! New and gently used items will be accepted through Monday, March 10th. Here is a list of donation ideas:

- Gift cards
- Toys
- Unwanted Christmas gifts
- Event tickets
- Cabin rentals
- Personally hosted events, such as dinners/boating
- Handmade items
- Jewelry
- Sports equipment
- Books
- *No used clothing, please!*

Our auction will be online again this year from **7:00 AM–5:00 PM on March 16th**, with items on display at church from 3:00-5:00 PM. Thanks for your support of our summer 2025 trips!



Spaghetti Dinner Tickets On Sale NOW!



Get your tickets for the 2025 Youth Spaghetti Dinner (and LIVE Dessert Auction) before they sell out! This fun, annual event is taking place on **Sunday, March 16th**. Here is the schedule of events:

- 7:00 AM Auction opens online (**view auction items at the QR code below**)
- 3:00 PM Auction in-person viewing at church (until 5 PM)
- 4:00 PM Entertainment and Wine/Beer Sampling
- 5:00 PM Auction closes and Spaghetti Dinner Begins
- 6:30 PM Live Dessert Auction
- 7:00 PM Auction Item Pick-Up

Tickets are \$15 for adults and \$10 for youth, ages 4-12. Ages 3 and under are free! Tickets can be purchased from the church office (during regular business hours) or any time before/after worship – until they are sold out!

Thank you for attending and supporting our youth!



Sign Up for Summer Bible Camp!

Registration for camp at Camp Wapo! Scholarships will be provided again this year! Invite a friend and join us for a life-changing week at camp this summer!

- **Seeds (Grades 1-3):** June 20-22
- **Wapo Youth (Grades 4-8):** June 22-27 and July 27-August 1
- **Wapo One-Day (Grades 1 & up):** June 25

LOC Specific Registration Link:
<https://lwlbcj.com/loc-delano>



Music—Pathfinders style!



Nice day, Pathfinders play!

